School Health Advisory Committee (SHAC)

Wednesday, December 10, 2025 12:00 PM
Board Room at the Education Center, 2602 South Belt Line Road, Grand Prairie, Texas 75052

1. **12:00 P.M. - CALL TO ORDER**
2. **OPEN FORUM FOR AGENDA ITEMS**

A. Persons attending the meeting may request an Open Forum Sign-Up Card. The card must be completed in its entirety and submitted to the Board President or designee prior to the meeting being convened. The Open Forum is limited to agenda items other than personnel, public officers, and individual/specific students. Speakers will be limited to three (3) minutes. When more than one individual wishes to address the same agenda item, the President may ask the group to appoint one spokesperson.

3. **WELCOME REMARKS**

A. Board and Community Members
B. Parents
C. District and Campus Administrators and Staff
D. Reminder: Sign In for Attendance

4. **MINUTES**

A. SHAC Minutes 10.1.25

5. **UPDATES**

A. Health Services
1. Review of District Guidelines for Managing Head Lice
2. Procedures for Sending Students Home When Ill and Criteria for Return to School

B. Counseling Services Update
1. Social Work HUB and Current Services
2. Overview of Student Support Provided Through Food Assistance

C. Child Nutrition and Food Services
1. Food Service Updates

D. Health Services Update and Tips

6. **CONSIDER APPROVAL OF ACTION AGENDA ITEMS**

A. Vote to elect Committee Co-Chair

7. **COMMITTEE ANNOUNCEMENTS**

A. Next SHAC meeting: February 4, 2026
B. Members are invited to share relevant updates

8. **ADJOURNMENT**

SHAC MEETING MINUTES

Location: GPISD Education Center, Board Room

GRAND PRAIRIE Independent School District | STUDENT SUPPORT SERVICES

Date: 10/1/25, 12:00-1:00

1 Call to Order: Meeting was called to order at 12:00. Umeka did introductions and reviewed the purpose and requirements of the SHAC.

- Meetings will be held quarterly
- Meetings must have at least 5 members

2 Minutes Approval: Patience Lewis-Baity motioned to approve the minutes from 10/2/24. Seconded by Maria Herrera. A motion was presented, properly seconded and carried.

NEW BUSINESS

3 Sentate Bill 12 (Patience Lewis-Baity & Dr. Blanca McGee): Reviewed the purpose and updates of SB 12

- All students need parental consent to receive health and counseling services
  - counseling services includes mental health services as well as clubs/organizations
- All students will receive services unless parents opt out.
- Law prohibits any form of gender-affirming guidance

4 Child Nutrition & Food Services Updates (Dustin Seymour): There has been a consistent increase in student participation.

- Students have build your own lunch options
- One goal for this year is to continue to refresh the lunch lines from reinvested funds
- SFE has also invested in breakfast carts, so students can eat on the go.
- Roving Chef is a program that will be made available to all grade levels
- Goal is to have 5 education classes per month.
- 25-26 new few concepts: pho, ramen, cinnamon roll sandwich, smash burgers, chicken wings, pancakes. More homemade breakfast items, taste testing, after school nutrition education, student surveys, roving chefs and farmers market. There will also be a Flavors Fest Food show

5. Drug Prevention & Intervention (Adrian Franklin, LCSW)

- Online Referral Form is available on the district website
- Drug Prevention & Intervention supports are given from Social Work Interns and Mrs. Franklin
- Red Ribbon Week Oct. 27-31
- Collaboration with UTA CARS
- Kratom Overview: drug and chemical of concern, although not yet made illegal

6. Mental Health & Athlete Wellness (Umeka Wright, LPC)

- Anxiety and depression rates among athletes have doubled in the past decade, which impact performance, relationships, and well-being
- GPISD supports athletes through a monthly athlete wellness newsletter (The Athlete's Edge).
  - Targets parents, students, and coaches
- Provided practical ways too support athlete wellness

7. Bullying Prevention (Jasmine Gaines, LCSW)

- Bullying Prevention is TEA mandated. Districts must provide explicit instruction, have bullying prevention committees, teach about how to report bullying
- GPISD has a Kindness Crew at all campuses that are responsible for kindness challenges and Service Learning Projects
- Bullying Prevention Month takes place throughout the month of October.

8. Health Services Tips (Amanda Rachal, BSN, RN)

- Breast cancer awareness tips, facts, and ways to take action were given

MEETING ADJOURNED & NEXT MEETING

- Meeting was adjourned at 1:03 p.m.
- Next meeting is December 3 at 12:00.