

## **Safety/Wellness Committee meeting**

Thursday, October 2, 2025 7:30 AM

Palmer Schools, Conference Room

202 Commercial Street

Palmer, NE 68864

### 1. Call to Order

Meeting called to order at 7:33 with the following present: Tayma Rasmussen, Payden Woodruff, Bill Gregoski, Asia Trout, Carissa Valasek, Heather Shotkoski, Todd Weller, Sherise Loeffelbein, Joel Bohlken, Kristin Reimers, Jenna Church, John Westman.

### 2. Approve minutes of May 14, 2025 meeting

Motion by Shotkoski, second by Reimers to approve the minutes. All present voted aye.

### 3. Wellness

#### 3.1. Review school wellness practices

Reviewed the following topics regarding health and wellness: School Meals (great; food allergy accommodations), Physical Education (currently on sports units using 4-pt. scale), Essential Physical Activity Topics in Health Education (life posters; Red Ribbon Week), Recess (Elementary), Classroom Physical Activity Breaks (Elementary and Secondary), Active Academics.

### 4. Safety

#### 4.1. Review safety training modules

500 SafeSchools training modules completed to date by 44 staff members. Staff have also completed seizure training from the Epilepsy Foundation.

#### 4.2. Review accident reports

Reports of three recess accidents — collision and falls.

#### 4.3. Review monthly internal safety inspection sheets

No safety issues noted on checklists.

#### 4.4. Review Safety/Security reports

Reviewed progress on the items from ALICAP and sheriff inspection reports.

### 5. Other

Reports:

Jenna Church, Region 44 Emergency Manager - Described responsibilities of her agency during emergencies.

John Westman, Merrick County Sherriff - Scott Stemper and Phill Chalmers trainings.

Bill Gregoski - Looking into possibility of a lift and gym cover mats.

### 6. Adjourn

Adjourned at 8:05.

Board Secretary

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