



Excellence. For each and every student.

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Minutes of Book Study Meeting

A Book Study Meeting of the Board of Education of Wayzata Public Schools was held Monday, October 26, 2020, beginning at 5:00 PM in the Zoom Teleconference

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1. Book Study

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Part 1: Builders Activate a Growth Mindset

Sep. 15, 2020 - Oct. 26, 2020	Includes: <input type="checkbox"/> Forward & Preface <input type="checkbox"/> Introduction <input type="checkbox"/> Ch. 1 - 3 <input type="checkbox"/> Canvas Activities (also below)	Zoom discussion through Chapter 3 Monday, Oct. 26 5:15-6:00
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Canvas Book Study Activities:

(in case you've not been able to access Canvas)

Chapter	Activities
Foreward & Preface	<div style="border: 1px solid #ccc; padding: 10px; margin-bottom: 10px;"> <p>Journal about what you read.</p> <ol style="list-style-type: none"> 1. What did I notice or wonder? 2. What changed, challenged, or confirmed my thinking? 3. What did I learn about me and who I want to be? Why do I want to be a Builder? </div> <div style="border: 1px solid #ccc; padding: 10px; margin-bottom: 10px;"> <p>Watch: Are you biased? I am Kristen Pressner TEDxBasel</p> </div> <div style="border: 1px solid #ccc; padding: 10px;"> <p>What additional thoughts/connections arose as you watched the video?</p> </div>
Introduction	<div style="border: 1px solid #ccc; padding: 10px; margin-bottom: 10px;"> <p style="text-align: center;">Think about these 3 concepts:</p> <ol style="list-style-type: none"> 1. Good-ish 2. Self-threat 3. Cookie seeking <p style="text-align: center; margin-top: 20px;">What comes up for you as you think about these? Journal about this.</p> </div> <div style="border: 1px solid #ccc; padding: 10px;"> <p style="text-align: center;">Personal Connections:</p> <ol style="list-style-type: none"> 1. Make a list of several identities that you claim. 2. Now make note of which identities are often granted by others. 3. How do you feel when one of your important identities is not </div>

granted by others?

Chapter 1



Think about these 3 concepts:

1. Growth-Mindset vs. Fixed-Mindset
2. Psychological Safety
3. Intentions vs. Impact

What comes up for you as you think about these?
Journal about this.



Intent vs Impact

Here are two photos that were shared during Hurricane Katrina.



A young man walks through chest deep flood water after **looting** a grocery store in New Orleans on Tuesday, Aug. 30, 2005. Flood waters continue to rise in New Orleans after Hurricane Katrina did extensive damage when it made landfall on Monday. (AP Photo/Dave Martin)



Two residents waded through chest-deep water after **finding** bread and soda from a local grocery store after Hurricane Katrina came through the area in New Orleans, Louisiana. (AFP/Getty Images/Chris Graythen)

1. What do you think the intent was?
2. What unconscious bias may have influenced these descriptions?
3. What do you think the impact may be?

Chapter 2



Journal about what you read.

1. What did I notice or wonder?
2. What changed, challenged, or confirmed my thinking?
3. What did I learn about me and who I want to be?

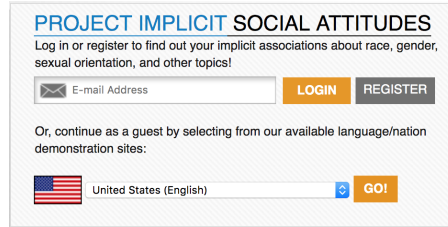


Implicit Association Test (IAT)

1. Click the icon below to go to the IAT website



2. Once there, look for the "Project Implicit Social Attitudes" box. Choose your preferred language and then select "Go!".



3. At the bottom of the "Preliminary Information" page, select "I wish to proceed"

Knowing this, I wish to proceed

Take at least one of the IAT assessments



Without sharing your results, think about what that experience of taking the test and seeing the results was like for you.

What emotions arose?

Or



How did you navigate those emotions as a with growth-mindset, as a builder?

Chapter 3



Journal about what you read.

1. What did I notice or wonder?
2. What changed, challenged, or confirmed my thinking?
3. What did I learn about me and who I want to be?



Watch:

[Understanding My Privilege | Sue Borrego | TEDxPasadenaWomen](#)



What **additional thoughts/connections** arose as you watched the video?

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Conscious Agreements

Listen for heart
and meaning

Make space,
take space

Humanity
welcome!

Camera optional;
mute unless talking

Show up and engage;
your voice matters

Adapted from Shane Safir, *Listening Leadership in a Time of Pandemic*