



LAREDO INDEPENDENT SCHOOL DISTRICT ~ 2400 SAN BERNARDO AVENUE ~ LAREDO, TX ~ (956)273-1000

District Operations and School Safety Committee Meeting
Tuesday, April 7, 2026 5:30 PM
LISD Amber Yeary Board Room

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1. Discussion and update on follow-up items discussed during the March 2026 District Operations and School Safety Committee Meeting.
2. Discussion and presentation on items to be procured by the Plant Facilities and Support Services Division, including:
 - RFP #26-008 - Bulk Fuel & Fuel Related Products and Services at an estimated amount of \$650,000.
 - BID #26-001 - Sale of Real Property at an estimated sale of \$131,500.
 - RFCSP #2026-001 - Metal Canopies at Katherine F. Tarver Elementary School at an estimated amount of \$82,500.
 - Buyboard Cooperative Contract #784-25 - Laundry Equipment for NEXT STEP Center at an estimated amount of \$50,000.
 - RFP #24-008 - Plumbing Services Renewal (3rd Year) at an estimated amount of \$50,000.
 - RFQ 2026-001 Professional Civil Engineering and Surveying Services. Cost will be negotiated on a project by project basis.
3. Discussion and update on the Cigarroa High School 2.0 construction projects.
4. Discussion and presentation to request approval of the partial release of retainage in the amount of \$2,338,377.26 to Leyendecker Construction of Texas, Inc. - RFP #18-029 Dr. Joaquin G. Cigarroa Middle School.
5. Discussion and presentation on the annual Technology and Instructional Materials Allotment (TIMA) and TEKS Certification for school year 2026-2027.
6. Discussion and presentation on adopting the new textbook vendors for Math Instructional Material 2026-2027.
7. Discussion and presentation on Healthier Texas Community Challenge update.
8. Communication and Updates
9. Adjournment

1. Discussion and update on follow-up items discussed during the March 2026 District Operations and School Safety Committee Meeting.

Discussion and update on follow-up items discussed during the February 2026 District Operations and School Safety Committee Meeting.

- **Refer to attachment**

2. Discussion and presentation on items to be procured by the Plant Facilities and Support Services Division, including:

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Bulk Fuel & Fuel Related Products and Services

- The evaluation committee recommends the following two (2) vendors:
 1. Pinnacle Petroleum, Inc.
 2. Arguindegui Oil Co.
- Companies will provide
- Contract Period: In effect for a period of one year (1st) beginning April 17 20, 2026 and ending April 16, 2027, with an option to renew for a second and third (final) year.
- Estimated Cost: \$650,000.
- Historical Expenditures \$565,934.
- Purchase orders to be processed on an as needed basis

BID #26-001 Sale of Real Property

The evaluation committee recommends awarding the bid for sale of real property to the following Buyer:

Marc Gonzalez

- Property: 1608 Victoria St.
- Bid Amount: \$131,500.00

RFCSP 2026-001 Metal Canopies at Katherine F. Tarver Elementary School

The evaluation committee recommends awarding a contract to the following approved vendor:

Skyline Construction & Design LLC

- Company will provide the District with the construction of canopies at K. Tarver Elementary School.
- Contract Period: In effect for a period of one year (first) beginning April 17, 2026, ending April 16, 2027.
- Estimated Cost: \$82,500.
- Historical Expenditures over one year were \$0.

Buyboard Cooperative Contract #784-25 Laundry Equipment for NEXT STEP Center.

The evaluation committee recommends awarding a contract to the following approved vendor:

Alliance Distribution Holdings, Inc.

- Company will provide the District with Commercial Laundry Equipment.
- Contract Period: In effect for a period of one year (first) beginning April 17, 2026, ending April 16, 2027.
- Estimated Cost: \$50,000.
- Historical Expenditures over one year were \$59,564.
- Purchase orders to be processed on an as needed basis.

RFP #24-008 Plumbing Services Renewal (3rd Year)

The evaluation committee recommends awarding a contract to the following approved vendors:

1. A. Chavarria Plumbing
 2. Arrellano's Plumbing
 3. The Brand Company
- Company will provide the District with Plumbing Services.
 - Contract Period: In effect for a period of one year (first) beginning April 19, 2026, ending April 18, 2027.
 - Estimated Cost: \$50,000.
 - Historical Expenditures over one year were \$34,123.
 - Purchase orders to be processed on an as needed basis.

RFQ 2026-001 Professional Civil Engineering and Surveying Services

- The evaluation committee recommends awarding a contract to the following approved vendors:
 - Ardurra Group Inc
 - Bendicion Engineering, LLC
 - Crane Engineering Corp.
 - KCI Technologies, Inc.
- Companies will provide civil engineering services on a District–wide basis.
- Contract Period: In effect for a period of one year May 23, 2026 and ending May 22, 2027 with an option to renew for second and third (final) year.
- Estimated Cost: Will be **negotiated** on a project by project basis
- Historical Expenditures over one year were \$0.00
- Purchase orders to be processed on an as needed basis



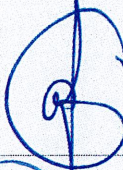
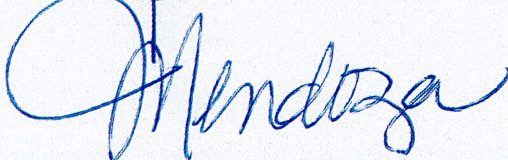
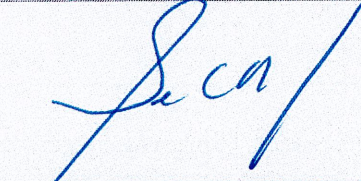
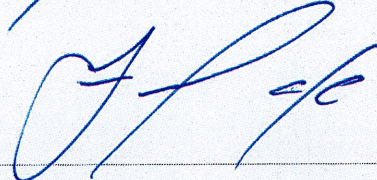
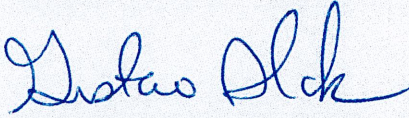
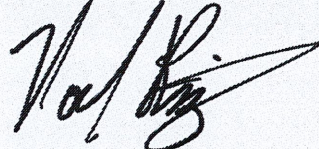
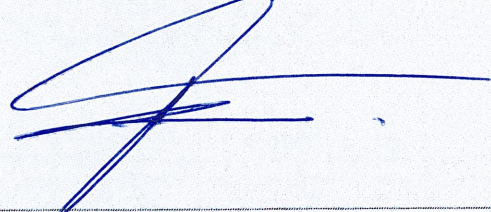
RFP #26-008 - Bulk Fuel and Fuel Related Products and Services

Project Overview

Project Details	
Reference ID	RFP #26-008
Project Name	Bulk Fuel and Fuel Related Products and Services
Department	Transportation
Historical Expenditure	\$565,934
Estimated Expenditure	\$650,000
Project Description	The Laredo Independent School District is soliciting proposals from responsible vendors who provide bulk fuel and fuel related products and services.
Evaluation Date	March 23, 2026
Contract Term	In effect for a period of one year (first) beginning April 17, 2026 and ending April 16, 2027 with an option to renew for a second and third (final) year.
Recommended Vendors	Arguindegui Oil Co. and Pinnacle Petroleum, Inc.



RFP #26-008 - Bulk Fuel and Fuel Related Products and Services Signatures

Name	Signatures
Alexis Solis Transportation Director (Evaluator/ Contract Manager)	
Oscar Mendoza Transportation Supervisor (Evaluator)	
Sergio Neira Division of Operations Director (Evaluator)	
Fares Shrek Assistant Athletic Director (Evaluator)	
Gustavo Alcantar Operations Coordinator (Evaluator)	
Noel Ruiz Data Center Analyst (Evaluator)	
Angel Velazquez Asst. Supt. For Plant Facilities & Support Services (Approver)	



BID #26-001 Sale of Real Property


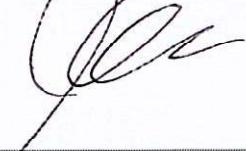
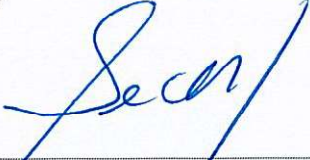

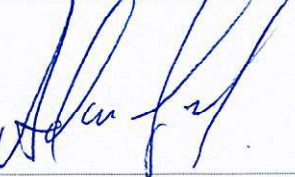


Project Overview

Project Details	
Reference ID	BID #26-001
Project Name	Sale of Real Property
Department	Division of Plant Facilities and Support Services
Estimated Sale	\$131,500
Project Description	The Laredo Independent School District is soliciting bids for the sale of District properties.
Recommended Buyer	Marc Gonzalez



BID #26-001 Sale of Real Property

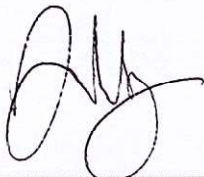
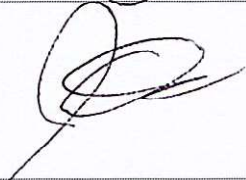



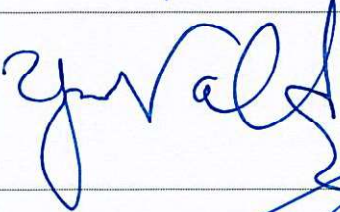
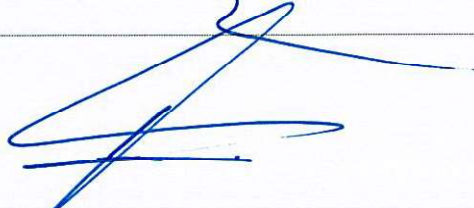
Signatures

Name	Signatures
Jose Vazquez Operations Coordinator (Project Manager)	
Juan Ibarra District Construction Projects Coordinator (Evaluator)	
Sergio Neira Director for Division of Operation (Evaluator)	
Gustavo Alcantar Maintenance Operations Coordinator (Evaluator)	
Adan Soliz SPED Coordinator (Evaluator)	
Yvonne Valdez Principal (Evaluator)	
Angel Velazquez Asst. Superintendent of Facilities, Support Services and Construction	



RFCSP – Metal Canopies for Tarver Elementary School

Signatures

Name	Signatures
Jose Vazquez Operations Coordinator (Project Manager)	
Juan Ibarra District Construction Projects Coordinator (Evaluator)	
Sergio Neira Director for Division of Operation (Evaluator)	
Gustavo Alcantar Maintenance Operations Coordinator (Evaluator)	
Adan Soliz SPED Coordinator (Evaluator)	
Yvonne Valdez Principal (Evaluator)	
Angel Velazquez Asst. Superintendent of Facilities, Support Services and Construction	



Buyboard Cooperative Contracts #784-25 - Laundry Equipment for Sp. Ed

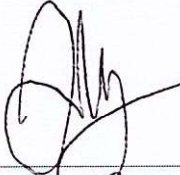

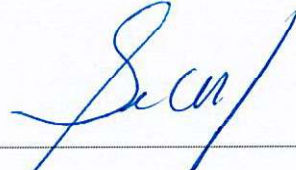
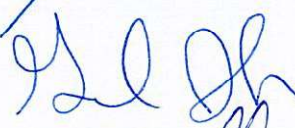



Project Overview

Project Details	
Reference ID	Buyboard Cooperative Contracts #784-25
Project Name	Laundry Equipment for Sp. Ed
Department	Division of Plant Facilities and Support Services
Historical Expenditures	\$59,564
Estimated Expenditure	\$50,000
Project Description	The District will evaluate 1 cooperative vendor who sells laundry equipment.
Contract Term	In effect for a period of one year beginning April 17, 2026 and ending April 16, 2027.
Close Date	Alliance Distribution Holdings, Inc. Dba Clec Distribution, LLC



Buyboard Cooperative Contracts #784-25 - Laundry Equipment for Sp. Ed

Signatures

Name	Signatures
<p>Jose Vazquez Operations Coordinator (Project Manager)</p>	
<p>Juan Ibarra District Construction Projects Coordinator (Evaluator)</p>	
<p>Sergio Neira Director for Division of Operation (Evaluator)</p>	
<p>Gustavo Alcantar Maintenance Operations Coordinator (Evaluator)</p>	
<p>Adan Soliz SPED Coordinator (Evaluator)</p>	
<p>Yvonne Valdez Principal (Evaluator)</p>	
<p>Angel Velazquez Asst. Superintendent of Facilities, Support Services and Construction</p>	



RFP #24-008 Plumbing Services Renewal (3rd. Yr.)

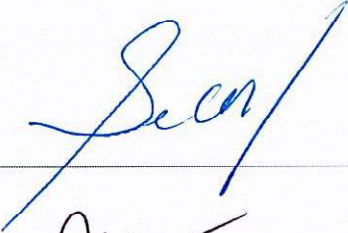
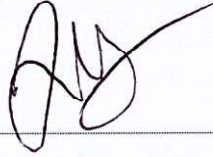

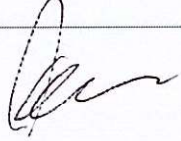
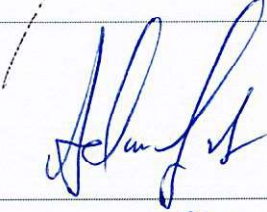


Project Overview

Project Details	
Reference ID	Request for Proposal (RFP) #24-008
Project Name	Plumbing Services (3rd. Yr.)
Department	Division of Operations
Historical Expenditures	\$34,123
Estimated Expenditure	\$50,000
Evaluation Date	March 23, 2026
Project Description	The District will be evaluating 3 vendors for the renewal of plumbing services.
Contract Term	In effect for a period of one year beginning April 19, 2026 and ending April 18, 2027. This is the third (final) year.
Recommended Vendors	A. Chavarria Plumbing, Arrellano's Plumbing and The Brandt Company



RFP #24-008 Plumbing Services Renewal (3rd. Yr.)

Signatures

Name	Signatures
Sergio Neira Director for Division of Operation (Project Manager)	
Jose Vazquez Operations Coordinator (Evaluator)	
Gustavo Alcantar Maintenance Operations Coordinator (Evaluator)	
Juan Ibarra District Construction Projects Coordinator (Evaluator)	
Adan Soliz SPED Coordinator (Evaluator)	
Yvonne Valdez Principal (Evaluator)	
Angel Velazquez Asst. Superintendent of Facilities, Support Services and Construction	



RFQ 2026-001 - Professional Civil Engineering and Surveying Services

Project Overview

Project Details	
Reference ID	RFQ 2026-001
Project Name	Professional Civil Engineering and Surveying Services
Department	Construction
Historical Expenditure	\$0.00
Estimated Expenditure	As projects are recommended.
Project Description	Laredo ISD is soliciting a request for qualifications for professional civil engineering and surveying services.
Evaluation Date	March 24, 2026
Contract Term	In effect for a period of one year (first) beginning May 23, 2026 and ending May 22, 2027 with an option to renew for a second and third (final) year.
Recommended Vendors	Ardurra Group, Inc., Bendicion Engineering, LLC, Crane Engineering Corp., and KCI Technologies, Inc.



RFQ 2026-001 - Professional Civil Engineering and Surveying Services Signatures

Name	Signatures
<p>Sergio Neira Division of Operations Director (Evaluator)</p>	
<p>Jose Vazquez Operations Specialist (Evaluator)</p>	
<p>Gustavo Alcantar Operations Coordinator (Evaluator)</p>	
<p>Lori Moreno Cigarroa MS Principal (Evaluator)</p>	
<p>Pedro Medellin Jr Cigarroa HS Asst. Principal (Evaluator)</p>	
<p>Fares Shrek Assistant Athletic Director (Evaluator)</p>	
<p>Angel Velazquez Asst. Supt. For Plant Facilities & Support Services (Approver)</p>	

3. Discussion and update on the Cigarroa High School 2.0 construction projects.

Discussion and update on the Cigarroa High School 2.0 construction projects.

Dr. Leonides G. Cigarroa High School 2.0



CMU Material Delivery

- CMU Blocks Delivered and staged
- Materials protected and organized

Dr. Leonides G. Cigarroa High School 2.0



Site staging and Formwork Preparation

- Formwork on site
- Material staged for upcoming work
- Site logistics organized

Dr. Leonides G. Cigarroa High School 2.0



Earthwork Progress

- Excavation and grading ongoing
- Soil Stock piling for reuse/removal
- Equipment actively supporting site prep

Dr. Leonides G. Cigarroa High School 2.0



Active construction Operations

- Heavy equipment mobilized onsite
- Ongoing grading and trenching
- Multiple crews working concurrently

Dr. Leonides G. Cigarroa High School 2.0



Foundation Slab Overview

- Concrete slab poured over kitchen area
- Layout matches structural plan
- Section ready for vertical construction

Dr. Leonides G. Cigarroa High School 2.0



MEP Rough-In & Slab Details

- Plumbing and electrical stub-ups Installed
- Anchor bolts and embeds in place
- Coordination between trades complete in this zone

Dr. Leonides G. Cigarroa High School 2.0



MEP Rough-In & Slab Details

- Plumbing and electrical stub-ups Installed
- Anchor bolts and embeds in place
- Coordination between trades complete in this zone
- Reinforce steel installed per design
- Perimeter grade beams formed
- Ready for next structural phase

Dr. Leonides G. Cigarroa High School 2.0



Overall sight progress

- Multiple work fronts progressing simultaneously
- Good coordination across trades
- To date progress is advancing on schedule

4. Discussion and presentation to request approval of the partial release of retainage in the amount of \$2,338,377.26 to Leyendecker Construction of Texas, Inc. - RFP #18-029 Dr. Joaquin G. Cigarroa Middle School.

Discussion and presentation to request approval of the partial release of retainage in the amount of \$2,338,377.26 to Leyendecker Construction of Texas, Inc. – RFP #18-029 Dr. Joaquin G. Cigarroa Middle School.

RFP #18-029 Dr. Joaquin G. Cigarroa Middle School

- General Contractor: Leyendecker Construction of Texas, Inc.
- Architect: Sepulveda Associates Architects, Inc.
- Guaranteed Maximum Price : \$56,917,545.10
- Certificate of Occupancy Date: October 28, 2025
- Total Percentage of Work Completed to date: 99.74%
- Total Retainage for work completed to date: \$2,838,377.26
- **Partial release of retainage requested by GC: \$2,338,377.26**
- Final Punch List in progress by General Contractor

5. Discussion and presentation on the annual Technology and Instructional Materials Allotment (TIMA) and TEKS Certification for school year 2026-2027.

**Discussion and presentation on the annual Technology
And Instructional Materials Allotment (TIMA) and TEKS
Certification for school year 2026-2027.**

TIMA Allotment and TEKS Certification for 2026-2027 school year

- The Curriculum and Instruction Department and the Textbook Department recommend that the district certify the Technology and Instructional Material Allotment (TIMA) and TEKS Certification for the 2026-2027 school year.
- Under the Texas Education Code 31.1011, all Texas public schools districts and open-enrollment charter schools must submit an annual certification to the State Board of Education and the Commissioner of Education regarding instructional materials.
- The Texas Education Agency (TEA) requires a completion of the 2026–27 Certification of Provision of Instructional Materials to regain access to receive disbursement funds in EMAT.

Allowable Uses for Technology and Instructional Materials Allotment

1. Instructional Materials

- a. New Adoption Materials
- b. Instructional Materials currently adopted by state and district
Bilingual/ESL Materials
- c. English Language Proficiency Standards (ELPS)
- d. Mid-cycle Instructional Materials
- e. Consumables
- f. Commissioner's List of Electronic Textbooks

2. Technology Services & Equipment Districts may use allotment to acquire technological equipment and technology-related services for instructional use.

Agenda Item

Operations Committee, 4/07/2026

Purpose:

Discussion, presentation, and board approval needed

Subject: Discussion and presentation on the annual Technology and Instructional Materials Allotment (TIMA) and TEKS Certification for school year 2026-2027.

Topic: TIMA Allotment and TEKS Certification for 2026-2027 school year

I. Recommendation:

The Curriculum and Instruction Department along with the Textbooks Department recommend certification of the Technology and Instructional Material Allotment (TIMA) and TEKS Certification for the school year 2026-2027. Board approval is essential.

II. Rationale:

To comply with that this district's technology and instructional materials allotment (TIMA) is used only for expenses allowed by the Texas Education Code (TEC), §31.0211

Evaluation Method and Timeline:

Districts and open-enrollment charter schools are required to certify annually to the State Board of Education and the commissioner that, for each subject in the required curriculum other than physical education, students have access to instructional materials that cover all the Texas Essential Knowledge and Skills (TEKS). Districts and charter schools will be unable to order 2026–27 instructional materials through EMAT or receive disbursement funds until the certification has been received by the Texas Education Agency (TEA).

III. Fiscal impact and Cost/Funding Source:

410 Instructional Allotment Grant Fund

IV. Compliance with Board Policy:

Purchasing and Acquisition: (CH LOCAL/LEGAL)

6. Discussion and presentation on adopting the new textbook vendors for Math Instructional Material 2026-2027.

Discussion and presentation on adopting the new textbooks vendors for Math Instructional Material 2026-2027.

Vendors for the 2026-2027 Textbooks

Math adoption

- The evaluation committee recommends the following vendors for Textbooks Math Adoption 2026-2027:
 - Houghton Mifflin Harcourt (HMH) for Elementary, Middle and Algebra I, II and Geometry.
 - McGraw Hill for Pre Calculus.
- TEA's recommendations requires board approval in order for the Textbooks Department to proceed on obtaining the instructional materials for the upcoming school year.
- Effective for a period of two (2) years or the duration of the adoption period beginning 2026-2027 school year.
- Estimated cost : \$1,220,175.00

MATH VOTING TALLY 2026



	ACCELERATED LEARNING	CURRICULUM & ASSOCIATES	SAVVAS	AMPLIFY
ELEMENTARY SCHOOL MATH VOTING TALLY				
BRUNI			1	
GALLEGO			1	
DAICHES	1			
FARIAS			1	
HEIGHTS			1	
K. TARVER			1	
LEYENDECKER			1	
MACDONELL				1
MILTON	1			
A. PIERCE	1			
RYAN				1
SANTA MARIA				1
SANTO NINO			1	
HACHAR		1		
JC MARTIN			1	
ZACHRY		1		
KAWAS	1			
DOVALINA				1
LIGARDE		1		
T.SANCHEZ/ OCHOA				1
TOTAL	4	3	8	5

	ACCELERATED LEARNING	CURRICULUM & ASSOCIATES	SAVVAS	AMPLIFY	COSENZA & ASSOCIATES	MCGRAW- HILL	AGILE MIND	OPEN STAX
MIDDLE SCHOOL MATH VOTING TALLY								
CHRISTEN M.			1					
LAMAR M.			1					
MEMORIAL M.						1		
CIGARROA M.			1					
TOTAL			3			1		
HIGH SCHOOL MATH VOTING TALLY								
ALGEBRA I								
MARTIN H.			1					
NIXON H.			1					
CIGARROA H.			1					
GARCIA ECHS						1		
TOTAL			3			1		
ALGEBRA II & GEOMETRY								
MARTIN H.			1					
NIXON H.			1					
CIGARROA H.			1					
GARCIA ECHS						1		
TOTAL			3			1		
PRE-CALCULUS								
MARTIN H.						1		
NIXON H.						1		
CIGARROA H.						1		
GARCIA ECHS						1		
TOTAL			0			4		
GRAND TOTAL			9			7		

Textbook Adoption Projected Variable Cost and Student Enrollment 2026 - 2027

ELEMENTARY

Elementary School	Kinder	Bundle Cost	Cost	1 st Grade	Bundle Cost	Cost	2 nd Grade	Bundle Cost	Cost	3 rd Grade	Bundle Cost	Cost	4 th Grade	Bundle Cost	Cost	5 th Grade	Bundle Cost	Cost	TOTAL COST
SAVVAS English Math Consumable Blended + Manipulatives Package 2 years K - 5th Grade Student Editions	1365	\$79.00	\$107,835.00	1465	\$79.00	\$115,735.00	1505	\$79.00	\$118,895.00	1470	\$79.00	\$116,130.00	1585	\$79.00	\$125,215.00	1510	\$79.00	\$119,290.00	\$703,100.00
SAVVAS Spanish Math Consumable Blended + Manipulatives Package 2 years K - 5th Grade Student Editions	Free with purchase			Free with purchase			Free with purchase			Free with purchase			Free with purchase			Free with purchase			
SAVVAS English & Spanish Math K-5th Teacher Editions/Resource Kits are Included with Purchase	Included with purchase			Included with purchase			Included with purchase			Included with purchase			Included with purchase			Included with purchase			
TOTAL																			\$703,100.00

Textbook Adoption Projected Variable Cost and Student Enrollment 2026 - 2027

MIDDLE & HIGH

Middle School	6th Grade	Bundle Cost	Cost	7th Grade	Bundle Cost	Cost	8th Grade	Bundle Cost	Cost	TOTAL COST
SAVVAS English Math Consumable Blended + Manipulatives Package 2 years 6th - 8th Grade Student Editions	1365	\$ 67.00	\$91,455.00	1365	\$67.00	\$91,455.00	1480	\$67.00	\$99,160.00	\$ 282,070.00
SAVVAS English Math Teacher Editions/Resource Kits are Included with Purchase	Included with purchase			Included with purchase			Included with purchase			
TOTAL										\$282,070.00
High School	9th-12th Grade	Bundle Cost	Cost							TOTAL COST
SAVVAS Algebra I Hard Cover Blended Student Edition Package 2 years	400	\$ 154.00	\$ 61,600.00							\$61,600.00
SAVVAS Algebra II Hard Cover Blended Student Edition Package 2 years	400	\$ 154.00	\$ 61,600.00							\$61,600.00
SAVVAS Algebra I & II Teacher Editions/Resource Kits are Included with Purchase	Included with purchase									
SAVVAS Geometry Hard Cover Blended Student Edition Package 2 years	400	\$ 154.00	\$ 61,600.00							\$61,600.00
SAVVAS Geometry Teacher Editions/Resource Kits are Included with Purchase	Included with purchase									
MCGRAW-HILL Pre-Calculus Comprehensive Student Print Digital Bundle with Aleks	250	\$ 200.82	\$ 50,205.00							\$50,205.00
MCGRAW-HILL Pre-Calculus Teacher Editions/Resource Kits are Included with Purchase	Included with purchase									
TOTAL										\$235,005.00
GRAND TOTAL										\$ 1,220,175.00

Agenda Item

Operations Committee, 4/07/2026

Purpose:

Discussion, presentation, and board approval required

Subject: Discussion and presentation on adopting textbook vendors for Math Instructional Material 2026-2027

Topic: Vendors for math textbooks 2026-2027

I. Recommendation:

The evaluation committee recommends the following vendors for the new Math Adoption:

- Houghton Mifflin Harcourt (HMH) for K-5th, 7th – 8th, Algebra I & II and Geometry
- McGraw Hill for Pre-Calculus

These recommendations require board approval in order for the Textbooks Department to proceed on obtaining the instructional materials for the upcoming school year.

II. Rationale:

Texas Education Agency (TEA) solicited vendors which met or exceeded TEKS requirements, a list of vendors was approved by TEA; therefore, the next step to comply with adoption requirements to purchase Math Instructional Material for students; board approval is needed in order to proceed.

III. Evaluation Method and Timeline:

Effective for a period of two (2) years or the duration of the adoption period beginning 2026-2027 school year.

IV. Fiscal impact and Cost/Funding Source:

410 Instructional Allotment Grant Fund

V. Compliance with Board Policy:

Purchasing and Acquisition: (CH LOCAL/LEGAL)

7. Discussion and presentation on Healthier Texas Community Challenge update.

L A R E D O I N D E P E N D E N T S C H O O L D I S T R I C T
OPERATIONS & SAFETY
C O M M I T T E E M E E T I N G

Dr. Oscar Pérez

Executive Director for Health & Occupational Safety Support Services

April 7, 2026



Healthier Texas Community Challenge Update

February 2 – March 29, 2026

The City of Laredo final rankings:

3rd place in Community Challenge Points- 2,447,987, behind NEAC and the City of Pharr

2nd place in Community Challenge Steps- 25,302,366, just behind NEAC

Laredo ISD final rankings:

8th place in overall points with over **695,173 points**

6th place in total steps with more than **10,352,245 steps recorded**

Special Recognition to Laredo ISD:

Dr. Angel Montes, City of Laredo, recognized Laredo ISD finished #8 overall in Community Challenge points among all organization. Laredo ISD competes within a separate statewide category, and based on current standings, LISD appears to be positioned among the top performing districts, potentially competing for a top placement.

We extend our appreciation to **Laredo ISD** for actively participating and demonstrating a strong commitment to health and wellness.

Healthier Texas Community Challenge Update

Through the Wellnify application, which supported the efforts of this challenge, employees had the opportunity to engage in health practices focused on the Body, Mind, and Spirit.

To further promote physical activity, the Body section included prerecorded videos led by professional instructors. Through these videos, employees participated in exercises designed to strengthen specific muscle groups, such as the arms and shoulders or core strength amongst others. Under the Mind section, the app provided research-based resources on bedtime routines, balanced meal planning, and better hydration. Under the Spirit section, employees were encouraged to practice meditation, gratitude, and learn about brain dumps and deep breathing techniques, along with their benefits.

Employees also had the opportunity to record other types of physical activity completed throughout the day, such as Pilates, weight training, walking, gardening, and more.

To further support the Healthier Texas Community Challenge, the Laredo ISD HOSSS Division provided three fitness events throughout the challenge. We kicked off the Wellness Challenge with a Healthy Together Wellness Walk and invited a representative from the Laredo Public Health to join us as a special speaker and help set the tone. To help stretch the body and settle the mind, a yoga class was offered at Shirley Field. To wrap up the Community Challenge, we ended strong by hosting a lower body-focused class designed to build strength.

Healthier Texas Community Challenge Update

In an effort to continue promoting the importance of health and wellness across the Laredo ISD family, we are excited to announce our participation in the upcoming 2026 Neighborhood Challenge, taking place from April 7, 2026, through June 5, 2026.

This multi-sport community challenge is a great opportunity to stay active, connect with others, and support a healthier lifestyle together. Participants will have the opportunity to engage in a variety of activities, including:

- Walking
- Running
- Hiking
- Biking
- 52+ additional activities

Modifications and accommodations will also be available for special needs athletes to ensure everyone has the opportunity to participate.

We encourage all employees and families to join us as we work together toward a healthier, stronger community!

Thank you!

Health & Occupational Safety Support Services
April 7, 2026

8. Communication and Updates

9. Adjournment