

Extracurricular Athletics

Student participation in school-sponsored extracurricular athletic activities is contingent upon the following:

1. The student must meet the academic criteria set forth in Board Policy 6.190, *Extracurricular Activities*.
2. A student and parent/guardian of the student must provide written permission for the student's participation by completing and signing Exhibit 7.300-E1, *Agreement to Participate*, giving the District full waiver of responsibility of the risks involved.
3. The student must present a current certificate of physical fitness issued by a licensed physician, an advanced practice registered nurse, or a physician assistant. Exhibit 7.100-E1, *State of Illinois Certificate of Child Health Examination*, and Exhibit 7.300-E2, *IHSA/IESA Preparticipation Physical Evaluation*, are the preferred certificates of physical fitness.
4. The student must show proof of accident insurance coverage either by an insurance policy purchased through the District-approved insurance plan, or a parent/guardian written statement that the student is covered under a family insurance plan policy.
5. The student must agree to follow all conduct rules and the coaches' instructions.
6. The student and his or her the student's parent/guardian must:
 - a. comply with the eligibility rules of, and complete any forms required by any sponsoring association (such as the IESA and the IHSA), and
 - b. complete all forms required by the District including, without limitation, signing an acknowledgment of receiving information about the Board's concussion policy (Board Policy 7.305, *Student Athlete Concussions and Head Injuries*).

The Superintendent or designee

1. is authorized to impose additional requirements for a student to participate in extracurricular athletics, provided the requirement(s) comply with Board Policy 7.10, *Equal Educational Opportunities*, and
2. shall maintain the necessary records to ensure student compliance with this policy.

LEGAL REF.: 105 ILCS 5/10-20.30, and 5/10-20.54, 5/22-80, and 25/2.
23 Ill. Admin. Code §1.530(b).

CROSS REF.: 4.100 (Insurance Management), 4.170 (Safety), 6.190 (Extracurricular and Co-Curricular Activities), 7.10 (Equal Educational Opportunities), 7.20 (Harassment of Students Prohibited), 7.240 (Conduct Code for Participants in Extracurricular Activities), 7.305 (Student Athlete Concussions and Head Injuries), 7.340 (Student Records)

Adopted: November 29, 2006

Reviewed: December 2025 June 2026

Amended: January 28, 2026