



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow

North and Tartan High School Spring Activities Recognition

Jed Helwig, North Activities Director
Jon Anderson, Tartan Activities Director





School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Congratulations!

North sophomore,
Adam Thao,
has qualified and
advanced to the

**Boys Golf
State Tournament!**

Polar Nation wishes Adam
luck as he tees off on
**Tuesday, June 9th &
Wednesday, June 10th**
at Bunker Hills Golf Club
to compete in the
Class AAA State Tournament!

N

Adam Thao

Congratulations to Adam on an outstanding season and representing North High at the MSHSL Class AAA Boys Golf State Tournament. Competing against Minnesota's top golfers, Adam finished 70th out of 90 participants, an impressive accomplishment for a sophomore competing on the state's biggest stage. His dedication, perseverance, and hard work throughout the season earned him the opportunity to compete at state, and the experience will serve as a strong foundation for future success. Congratulations, Adam, on a memorable season and a great state tournament appearance!



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow

CONGRATULATIONS
TO
KEMIAH AVERY AND TYRESE DYRDAHL
FOR QUALIFYING IN THE
TRACK & FIELD STATE TOURNAMENT!

KEMIAH
QUALIFIED IN THE
200 METERS!

TYRESE
QUALIFIED FOR THE
HIGH JUMP!

WE WISH THEM THE BEST OF LUCK
AS THEY COMPETE

THURSDAY, JUNE 4 | **SATURDAY, JUNE 6**

Kemiah Avery & Tyrese Dyrdahl

Congratulations to Kemiah and Tyrese on qualifying for the 2026 MSHSL Track & Field State Tournament! Kemiah earned her trip to state in the 200-meter dash, showcasing her speed and determination throughout the season. Tyrese qualified in the high jump, demonstrating outstanding athleticism and consistency in one of track and field's most challenging events. Their hard work, dedication, and commitment to excellence have made the North High community proud.



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Congratulations to the
NORTH CLAY TARGET TEAM
for being this year's
CLASS 1A, CONFERENCE 1 CHAMPS!

Clay Target Team

Congratulations to the North Clay Target Team on an outstanding season and earning the **Class 1A, Conference 1 Championship!** Through hard work, dedication, and teamwork, our student-athletes represented North with excellence and achieved this impressive accomplishment. Congratulations to the team and coaches on bringing home the conference title.



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Ch'Miya Simpson

Ch'Miya has become a strong leader within the Black Student Union and is a deserving recipient of BSU's "Next Up" recognition. This year, she took the lead in planning the end-of-the-year BBQ, demonstrating outstanding organization, initiative, and commitment. She also volunteered her time to support fundraising efforts and will continue her leadership journey next year as BSU's Event Planner & Public Relations Manager. We are proud of her growth and excited to see her continued impact on BSU.



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Kiera Reilly

Kiera had an fantastic Lacrosse season this Spring. Kiera led the team in goals, scoring 29 goals in 14 games. Kiera was selected to the All Conference Team and was named team MVP. Kiera provided outstanding leadership throughout the season helping a lot of the young players improve their game.



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Wyle Rutherford

Wyle was a three sport star for the Titans this year. He was a starter on the Football, Hockey, and Baseball teams. Wyle earned All Conference Honorable Mention for all three sports as well as All Conference Academic awards. This Spring Wyle batted .344 with a .472 OBP and 12 stolen bases.



School District 622

NORTH ST. PAUL | MAPLEWOOD | OAKDALE

Ready for tomorrow



Aubrey Unklesbay

Aubrey was an integral part of the Tartan Activities Department the past two years. Aubrey was the face of the department on social media organizing, creating, and editing the video promoting our programs. She was also one of the leaders of the Tartan Super Fans this year. On top of this, Aubrey was a three sport student athlete participating in Tennis, Lacrosse, and Flag Football