

**Hitchcock Independent School District**  
**BOARD OF TRUSTEES**

**Meeting Date:** June 22, 2026

**Presented by:** Dr. Darryl J. Henson, Superintendent of Schools

**Subject:** School Health Advisory Council Recommendation for Curriculum Materials

**Consent Agenda**

**BACKGROUND INFORMATION:**

School Health Advisory Council (SHAC) conducted multiple public meetings to review health education materials addressing human sexuality. While the District does not formally offer a traditional health elective, health education standards are provided through an online learning platform via the "Healthy Living" course. In accordance with Texas Education Code § 28.004, the School Health Advisory Council (SHAC) has reviewed the specific digital curriculum modules relating to human sexuality and recommends their formal adoption for the 2026-2027 school year. TX-Healthy Living curriculum provides a comprehensive, age-appropriate framework designed to equip students with the critical thinking skills, safety awareness, and ethical foundations necessary to navigate modern adolescent challenges. Central to this framework is the explicit promotion of abstinence as the safest and most effective choice for protecting adolescent physical and emotional health.

**BOARD ACTION REQUIRED:**

I move that the Hitchcock ISD Board of Trustees approve the SHAC's recommendation for the use of Healthy Living as the Health curriculum.

**POLICY AUTHORIZATION:**

NA

**CONTACT PERSON:**

Dr. Keri Launius, Executive Director of Academics

**FUNDING SOURCE:**

NA

**ENCLOSURES:**

Healthy Living Scope and Sequence