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Cardiopulmonary Resuscitation (CPR) Training
Policy Series: 4000 Curriculum, Instruction, and Assessment

Policy No. 4067

9 **Purpose (add)**

10 **Definitions**

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12 Cardiopulmonary resuscitation (CPR): artificial ventilation or external chest compression applied
13 to a person who is unresponsive and not breathing.

14 Psychomotor skills: physical actions that are practiced in a manner that supports cognitive
15 learning.

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17 **Cardiopulmonary Resuscitation Training**

18 The district shall provide cardiopulmonary resuscitation ("CPR") training to high school students.

19 The instruction shall:

- 20 1. Be consistent with Utah State Board of Education Health Education Core Standards;
21 2. Follow current **American Heart Association (AHA)** Emergency Cardiovascular Care
22 guidelines for CPR;
23 3. Be provided using a certified CPR instructor; and
24 4. Include cognitive and psychomotor training unless the student participates in an online-
25 only instructional experience.

26 As closely as reasonably possible, the District shall maintain:

- 27 1. A student-to-instructor ratio of no greater than 15:1; and
28 2. A mannequin-to-student ratio of no greater than 1:6.

29 Each student shall complete CPR training at least once while the student is enrolled in grades 9
30 through 12 unless:

- 31 1. The student's parent or guardian requests that the student be exempted from the
32 training;
33 2. The student provides documentation showing the student has previously received CPR
34 training or currently holds CPR certification; or
35 3. The student has an Individualized Education Program (IEP) and the CPR training is
36 inconsistent with that program.

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38 **Synopsis**

- 39 • Cardiopulmonary Resuscitation Training
40 • CPR Instruction Requirements
41 • CPR Graduation Requirement
42 • CPR Training Exemptions

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44 **Legal References:**

45 [Utah Code § 53G-10-408](#)

46 [Utah Administrative Rule R277-465-3](#)

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48 **Board Approved:**

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