



Virtual Urgent Care & Behavioral Health

Getting Started

INTRODUCTION

Access board-certified physicians 24/7, 365 days a year for **you and your family!** Doctors will discuss your symptoms, confirm a diagnosis, and prescribe any needed medication. Video and telephone-based visits are available, with an average wait time of just ten minutes.

HOW TO ACCESS

01

Sign up with the Recuro Care app or visit the webpage below to access:
["member.recurohealth.com"](https://member.recurohealth.com)

02

Enter your employer member ID

03

Create your username and password

04

Complete your medical history

05

Schedule your consult

*Registering your account is not required to use the service, you can call 855.6RECURO anytime for 24/7 access to doctors.



Example Conditions Treated

- Acne / Rash
- Allergies
- Cold / Flu
- GI Issues
- Ear Problems
- Fever
- Insect Bites
- Nausea
- Pink Eye
- Respiratory
- UTI's
- And More...



customerservice@recurohealth.com | [855.6RECURO](tel:855.6RECURO) | Scan QR Code to Download



Benefits

Virtual Behavioral Health

Comprehensive behavioral health care from therapy and counseling to psychiatry and medication management. Most behavioral health visits are available within 48 hours*, far more accessible than in-person care.

*Subject to provider listed availability

What's Included

- Virtual Psychiatry
- Therapy & Counseling
- Intake and PHQ9 Assessment
- Risk Stratification
- Primary Care Coordination



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Example Conditions Treated

- ADHD / ADD
- Anger Management
- Anxiety & Stress
- Bipolar Disorder
- Depression
- Eating Disorders
- Sleeping Disorders
- Smoking Addiction
- Substance Abuse
- Grief & Loss
- PTSD
- OCD



Service Highlights

- **Psychiatry:** Psychotherapy and mental health medication management, offering individualized care plans tailored to support emotional well-being and recovery. This service ensures ongoing monitoring and adjustments to help patients achieve optimal mental health outcomes.
- **Therapy and Counseling:** Therapy and counseling services from social workers and mental health psychologists, focusing on evidence-based practices to promote resilience and improve quality of life.
- **Intake & Assessment:** Behavioral health-focused assessment, including depression screening, to facilitate early detection and personalized interventions. These assessments are critical for identifying risk factors and providing timely support to mitigate potential crises.
- **Risk Stratification:** Analytics to identify those most at risk of behavioral health challenges to proactively engage and treat, enabling efficient allocation of resources for maximum impact.

