

Delano Public Schools
Cardiac Emergency Response Plan (CERP)
School Year 2026/27
Date Adopted By School Board: TBD

Purpose:

This plan outlines the procedures for responding to a cardiac emergency within individual district buildings and grounds as well as the proper use/ placement/ maintenance of Automated External Defibrillators (AEDS).

List of Abbreviations:

AED	Automated External Defibrillator
CERP	Cardiac Emergency Response Plan
CERT	Cardiac Emergency Response Team
CPR	Cardiopulmonary Resuscitation
EMS	Emergency Medical Services
SCA	Sudden Cardiac Arrest

Sudden Cardiac Arrest Definition:

The American Heart Association (AHA) defines Sudden Cardiac Arrest (SCA) as a sudden and unexpected loss of heart function where the heart stops beating due to an irregular heart rhythm in persons who may or have been diagnosed with a heart condition. When the heart beats abnormally, it affects its ability to pump blood, which may lead to cardiac arrest. The person may lose consciousness and collapse, leading to death within minutes.

Minnesota School Districts and Charter Schools:

2025 Minnesota Statute:
121A.241 Cardiac Emergency Response Plan

Beginning in the 2026-2027 school year, a school district must develop a cardiac emergency response plan consistent with the model plan developed by the commissioner under section 121A.035, subdivision 1, for cardiac emergencies that occur on school property.

Cardiac Emergency Response Plan Must:

1. Establish a school cardiac emergency response team and plan of action during the event of sudden cardiac arrest.
2. Provide for placement of automated external defibrillators (AED'S) on school grounds following nationally recognized cardiovascular care organization guidelines.
3. Provide for routine maintenance of AED's.
4. Provide the distribution of the plan on school grounds and in coordination with local emergency medical service providers.
5. Provide for annual cardiac emergency response plan drills for school staff and students.
6. Require the school board to annually review and evaluate the effectiveness of the plan.
7. Address how school staff must respond to cardiac emergencies at school sponsored activities including athletic events on or off school grounds.

Cardiac Emergency Response Team (CERT):

Each school building within the district will have a designated Cardiac Emergency Response Team (CERT) consisting of CPR/AED certified staff and/or Heart Safe Certification. The district nurse will be the primary co-ordinator. Team members will be reviewed and trained annually..

Delano High School CERT:

Crista Wadholm	District Nurse/ High School Nurse
Marisa Samuelson	Health Office Assistant
Shane Baughman	Assistant Principal
Ryan Tool	School Counselor
Julie Strobl	Activities Admin. Asst.
Megan Chatterton	Activities Director
Bobbie Dahlke	Communications Director
Debbie Findley	Student Information Systems Coordinator

Delano Intermediate School CERT:

Linda Holmgard	Intermediate School Nurse
Greg Hinker	Assistant Principal
Josh Hiltner	Grade 4
Nick Moore	Grade 5
Sean Roff	Phy-Ed
Seth Potter	Phy-Ed
Mike Bogenrief	Lead Custodian

Delano Elementary School CERT:

Alyssa Hentges	Elementary School Nurse
Paul Ludwig	Assistant Principal
Tim Lyngen	Phy-Ed
Brady Salay	Phy-Ed
Melanie Kern	Grade 1
Jen Damon	Art/Tech
Jackson Lindquist	Grade 3

Delano Community Education CERT:

Becca Seiberlich	DPSP Coordinator
Rachel Wallace	School Aged Coordinator
Jeanna Bright	Classroom Teacher
Annaliese Johnson	Classroom Teacher
	Admin. Asst.

CPR/AED Training:

1. In-Pulse CPR/AED (American Heart Association Authorized Training Center) will provide training to CERT members.
2. All staff will receive annual awareness training.
3. Annual Cardiac Emergency Response Drills will be conducted with results reviewed for improvement.
4. Staff training log will be maintained.

Recognizing a Cardiac Emergency:

1. A Cardiac Emergency requires IMMEDIATE ACTION
2. Signs of Cardiac Arrest include, but are not limited to:
 - Unresponsiveness
 - Unconsciousness
 - Abnormal Breathing (gasping or gurgling)
 - Seizure-Like Activity
 - Not Breathing
 - Collapse After a Direct Chest Impact

Activating Cardiac Emergency Response:

Anyone who witnesses a cardiac emergency must immediately:

1. The witness should call 911 and state the location of the emergency.
2. The witness calls the school office to activate the CERT. The office will confirm that 911 has been activated.
3. The witness starts CPR.
4. The office team activates Cardiac Emergency Response Team (CERT) using the PA system stating "Cardiac Emergency Response Team to "name specific location" ie; room number, teacher, wing, hall. Repeat twice. Follow with an announcement putting the school in "Hold" mode". During hold, students remain in classrooms.
5. CERT responsibilities:
 - a. Retrieve AED
 - b. Turn on AED
 - c. Apply Pads to chest
 - d. Follow AED prompts
6. CERT continues CPR until EMS arrives

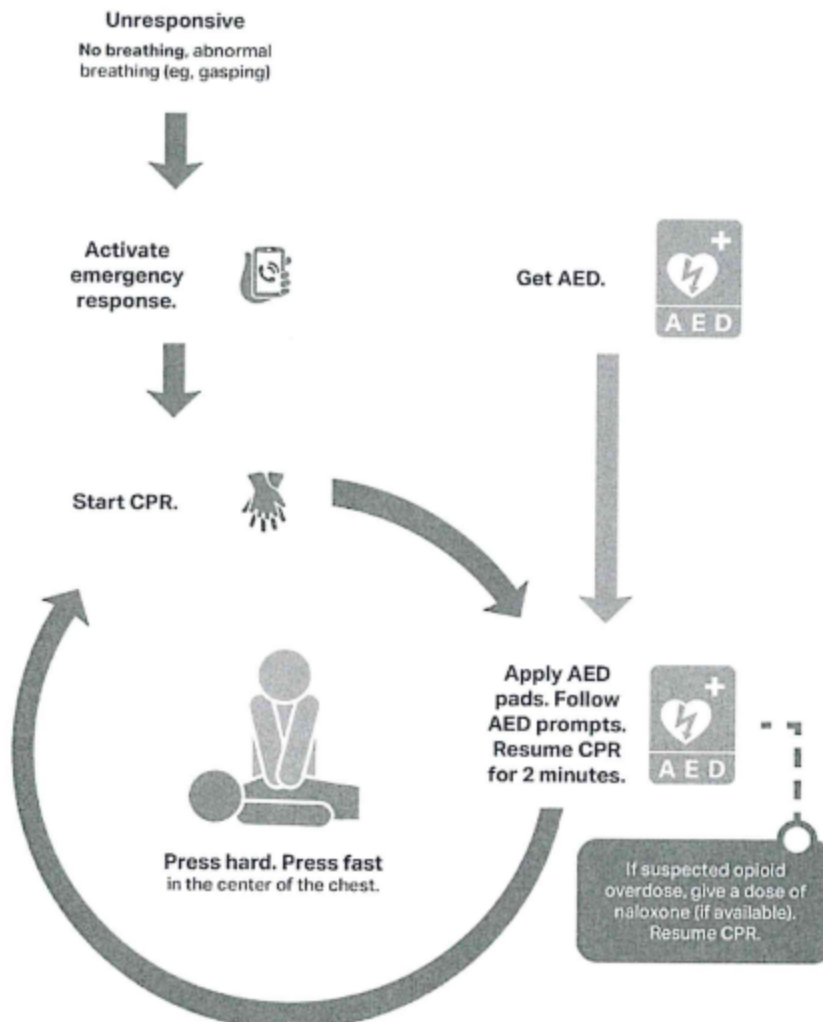
CPR: Step By Step:

1. Place the unresponsive person on their back on a firm, flat surface
2. Using two hands, place the heel of one hand in the center of the chest (lower half of the breastbone or nipple line, with the other hand directly on top. Interlock fingers (use one hand for children).
3. Push hard and fast to a depth of around 2 inches ($\frac{1}{3}$ the depth of the chest).
4. Rate of compression should equal 100-120 compressions per minute.
5. Allow the chest to rise fully between compressions.
6. If you are able to provide rescue breaths, use a CPR barrier mask and provide 2 breaths after 30 compressions.

*****Initiating CPR and AED intervention immediately is the key to saving a life*****

Act Now. Save a Life.

Follow these steps to take action.

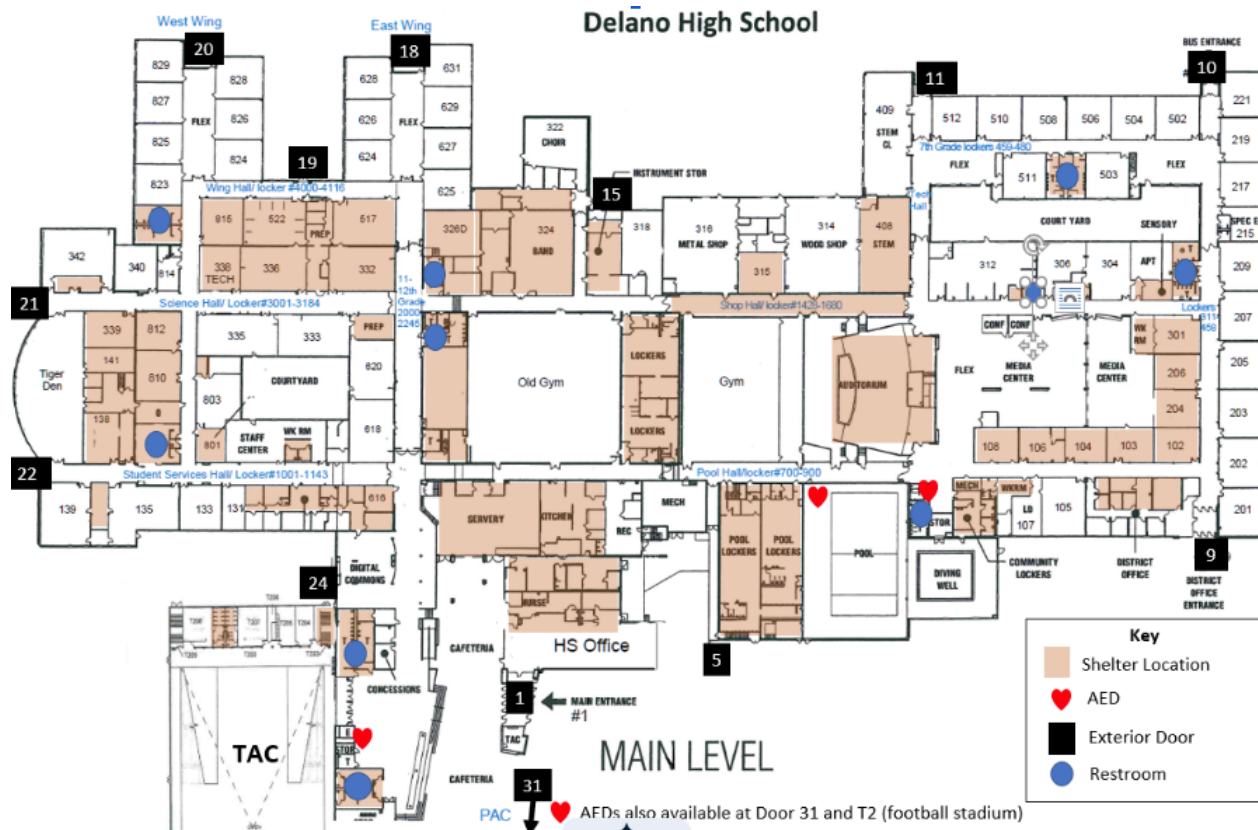


AED Locations:

DHS	Outside TAC Entrance by Elevator	Outside TAC Weight Room	Hallway Across from Old Auditorium	In pool area	Football Field by Concessions	4 Plex
DIS	Elevator	Hall outside of the Gymnasium				
DES	Main Entrance to Media Center	In the hall outside of the Gymnasium	Upper Field			
Com. Ed	Hallway by Gymnasium					

AED Location Maps:

Delano High School:



Delano Intermediate School:



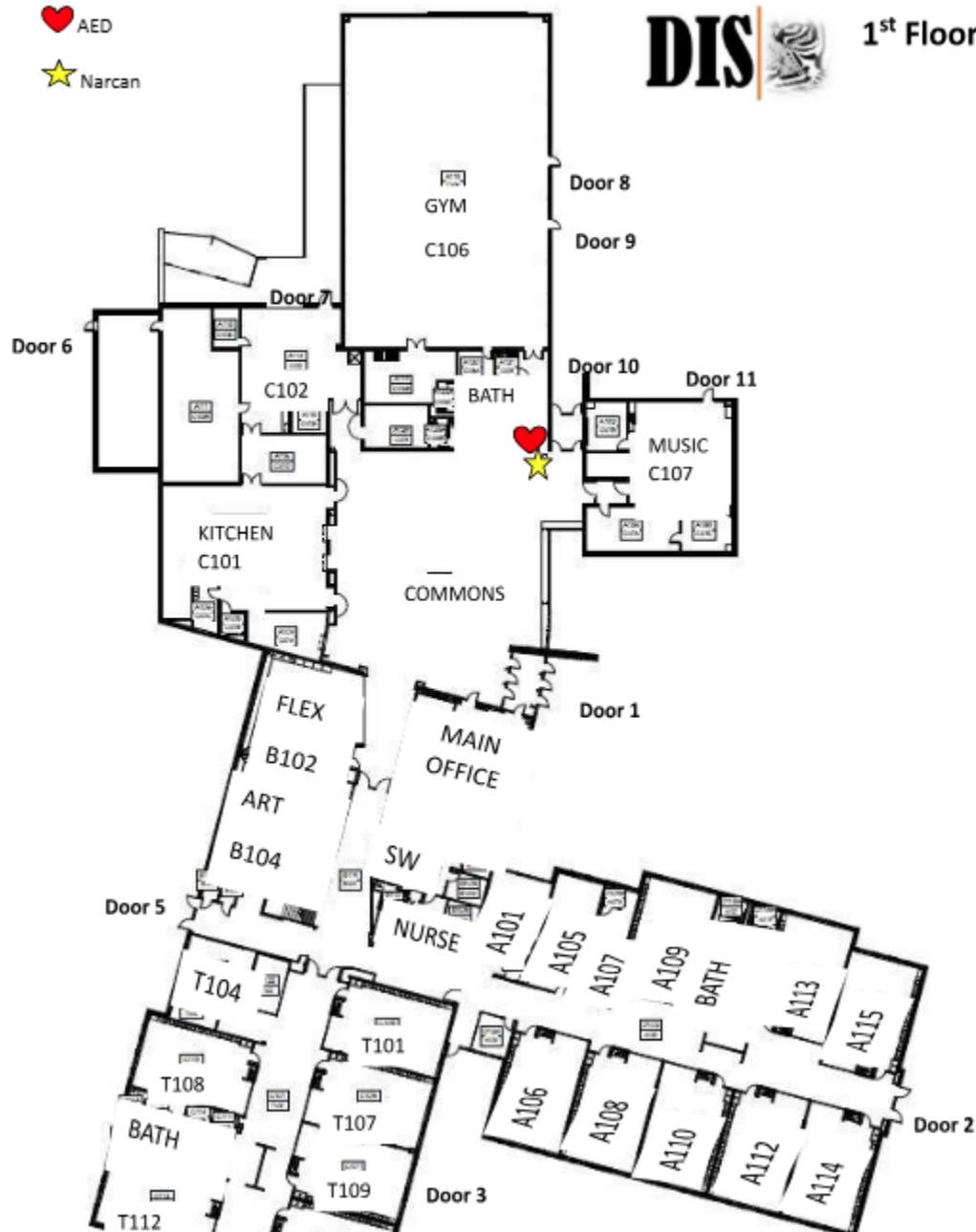
AED



Narcan



1st Floor

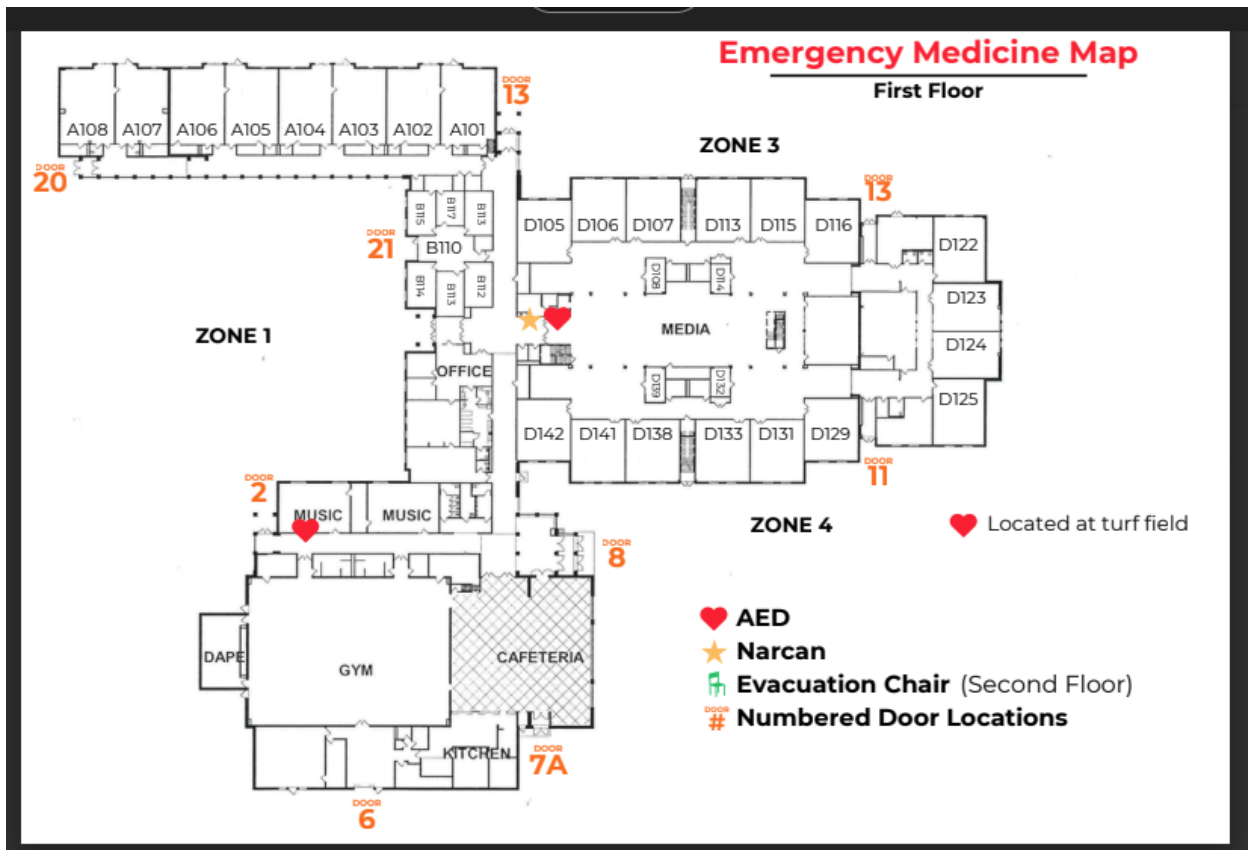




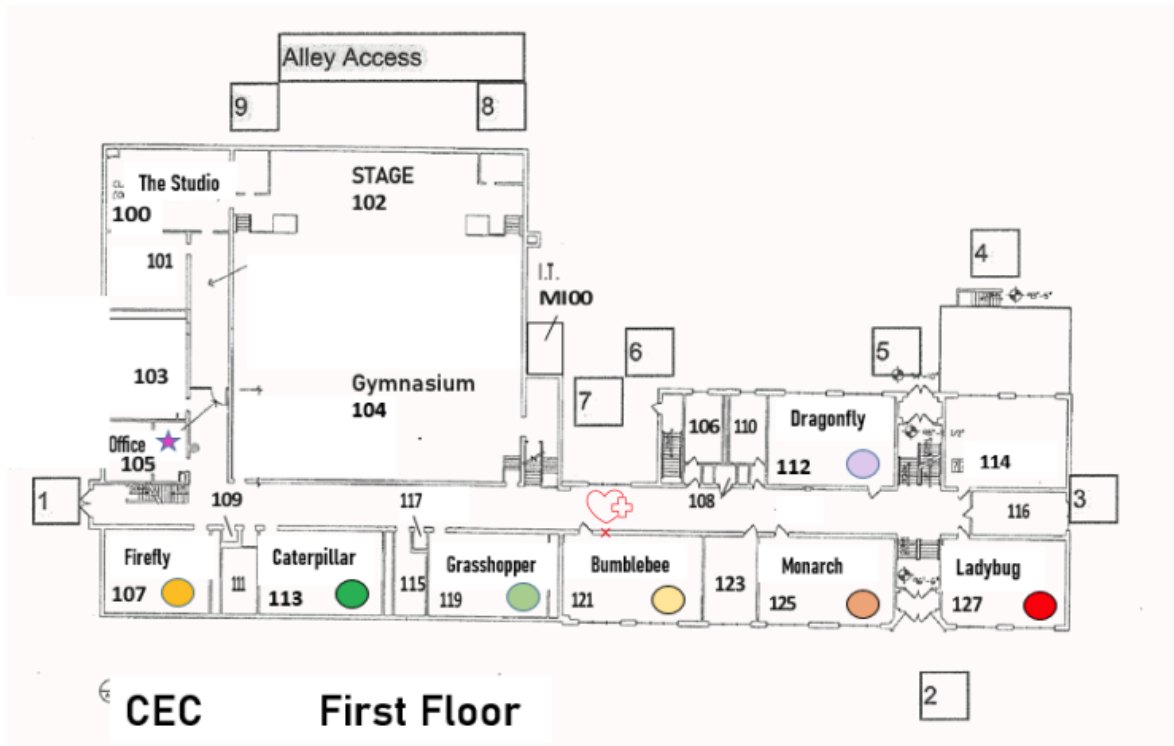
2nd Floor



Delano Elementary School



Community Education



Team Roles:

1. Site Champion - Crista Wadholm RN, LSN (District/High School Nurse)- Responsible for staff education on Sudden Cardiac Arrest (SCA), record keeping, creation and dissemination of the Cardiac Emergency Response Plan (CERP) to staff, oversight of the AED equipment, and collaboration with local Project ADAM Program Co-ordinator to ensure all criteria are met for designation and renewals.
2. First Responder- The first response team member to arrive on the scene to initiate the plan. This person also begins directing other response team members as they arrive on the scene.
3. CERT- Team members will take on responsibilities as listed below.

Team Duties For CERT Members:

1. Bring AED to the scene.
2. If not already started by the witness, begin CPR.
3. Turn on AED and follow the prompts of the AED.
4. Record keeper records all information including time, interventions, and checklist completed. Checklist and marker in zip pouch attached to AED.
5. Meet EMS at the door and accompany EMS to the scene.
6. Crowd control
7. Rotate CPR duties approximately every 2 minutes without pausing compressions.

AED Placement and Maintenance:

- AEDs are placed strategically throughout all school buildings and near athletic fields to ensure accessibility within three minutes of an emergency.
- A back-up AED is available for off-site events and for back-up to replace units undergoing maintenance.
- Maintenance and monthly monitoring of the AED's will be facilitated by the district nurse as well as each building nurse.
- Each AED will include a resuscitation kit (gloves, razor, scissors, towels, CPR barrier mask, time log and marker).
- AED log:
<https://docs.google.com/document/d/1QWP2U6i8e1M6XeE1fPYgQE1Oz3CnOKtRf078Zf3l0Vg/edit?tab=t.0>

EMS and Crisis Plan Integration:

- Local EMS will receive a copy of the plan.
- School SRO will receive a copy of the plan.
- The Emergency Response Co-Ordinator and district nurse will review this policy annually with updates as needed.
- The district will hold scheduled practice drills two times a school year.
- EMS/Police/SRO will be invited to drills.
- Drill will include a scenario, hands-on experience, and a debrief regarding what went well and areas for improvement.

Drill Goals:

1. Allows CERT members time to practice a real-life scenario.
2. Roles will be assigned and changed so team members can function in different capacities.
3. Drills will be reviewed and analyzed for additions, changes or modifications to the plan.
4. Debrief will be a time to talk through questions, concerns, emotions and best practice.