

School Health Advisory Council (SHAC) TISD Administration Building

September 3, 2025
11:45 to 12:45

1. Welcome

Eric Haugeberg, Asst. Superintendent for Student Services

- Welcome and Introductions
- Beginning of Year SHAC Information
 - Board Policy
 - Wellness Plan
- Senate Bill 12 Update
- House Bill 1481 Update

2. Temple Clinic

- Dr. Jackson Griggs

3. Area Mental Health Services

- Luke Potts, Cedar Crest

4. Mabry Kullander, TISD Nutritionist

- Community Eligibility Provision (CEP) - Free breakfast and lunch for all students
- National School Lunch Week - October 14th-17th
- Texas Farm Fresh Challenge - October

5. Future Items and/or Information request

6. Adjournment

**Temple Independent School District
School Health Advisory Council
September 3, 2025**

Minutes

Members in attendance:

Ebony Gebrehawariat	Eric Haugeberg	Tina Hayward
Gil Hollie	Robert Kirkpatrick, Jr.	Mabry Kullander
Mike Lefner	Stephanie Morris	Amanda Necessary
Susan Phelps	Luke Potts	Gina Prentiss
Renota Rogers	Ian Vestal	Michelle Villarreal

The meeting was called to order at 11:55 am by Eric Haugeberg.

1. Welcome

Eric Haugeberg, Asst. Superintendent for Student Services

- Welcome and Introductions
- Beginning of Year SHAC Information
 - Board Policy – Explained legal basis for the Student Health Advisory Meetings
 - Wellness Plan (Handout presented)
- Senate Bill 12 Update - Is the right to information of care as it relates to mental, emotional, and physical health of a student.
Noting that education services are not included in this bill.
- House Bill 1481 Update – Cell Phone Policy
 - Cell phones / Smart watches / Tablets cannot be used on school property during school hours. Teachers will monitor in the classroom spaces and administration monitors outside the classroom.

2. Temple Clinic

- Dr. Jackson Griggs > Unable to attend this meeting.

3. Luke Potts, Cedar Crest Area Mental Health Services

- Cedar Crest Hospital is open 24/7 with free screening services. They offer a 158-bed facility for 12-17 year olds. They treat depression, bipolar, PTSD, psychosis ADD/ADHD and personality disorder.
- They offer acute and residential care (1/3 male & 2/3 female)

- As part of their program, they offer a variety of recreational activities as part of the care, such as, gardening, equestrian, basketball and swimming.
- Services also provide a Partial Hospitalization Program (PHP) for 12 years and older (½ day of school & ½ day of therapy)
- Lastly, they offer an Intensive Outpatient Program (IOP) for individuals 18 years and older.
- For Suicide & Crisis Lifeline “Text 988”

4. Mabry Kullander, TISD Nutritionist

- Community Eligibility Provision (CEP) – Free breakfast and lunch for all students is being offered again this school year.
- National School Lunch Week – October 14th-17th
- Texas Farm Fresh Challenge – This event will promote Texas grown vegetables and produced milk. Different activities will be held throughout the district throughout the month of October.

5. A courtesy announcement from Robert Kirkpatrick, Interim Bell Co. Public Health Director – Bell Co. Public Health Dept. office/clinic for Temple has been closed. Those seeking assistance can contact the Belton clinic to schedule an appointment for vaccinations.

The meeting was adjourned at 01:00 pm.

Minutes respectfully submitted by:
Tina Hayward, Health Services Secretary

School Health Advisory Council (SHAC)
TISD Administration Building

November 5, 2025
11:45 to 12:45

1. Welcome
 - Eric Haugeberg, Asst. Superintendent for Student Services
 - Welcome

2. Kancy DeGrate, Assistant Director TISD Nutrition
 - Holiday Meals
 - Farm Fresh Challenge Update
 - Texas Farm Fresh Challenge - October

3. Ashley Adams, American Heart Association
 - Kid's Heart Challenge/American Heart Challenge

4. Windee Skrabanek, THS Head Athletic Trainer
 - Student Trainee Experience

5. Future Items and/or Information request

6. Adjournment

**Temple Independent School District
School Health Advisory Council
November 5, 2025**

Minutes

Members in attendance:

Ashley Adams	Kancy Degrate	Theresa Dodd
Ebony Gebrehawariat	Kim Glawe	Jennifer Gregg
Eric Haugeberg	Amy Hayes	Tina Hayward
Ike Hernandez	Gil Hollie	Izabella Johnson
Mike Lefner	Kaytlynn Marek	Stephanie Morris
Johna Padilla	David Paige	Susan Phelps
Gina Prentiss	Renota Rogers	Windee Skrabanek
Barry Sharp	Michelle Villarreal	

The meeting was called to order at 11:50 am by Eric Haugeberg.

1. Welcome

Eric Haugeberg, Asst. Superintendent for Student Services

2. Kancy DeGrate, Assistant Director TISD Nutrition

- Holiday Meals - November & December for the elementary schools. Parents and Grandparents are welcome to join students with an R.S.V.P (\$5.25 fee)
- Farm Fresh Challenge Update -TISD Nutrition Dept sourced food products that were served during the month of October, after field trips were taken at multiple local farms.
- National School Lunch Week - also took place in October, "Tour Around the World" which highlighted foods of the worlds, such as Mexico, Italy, America, and Asia.
- A friendly reminder that meals (breakfast & lunch) are provided free of charge for any student registered within the district.

3. Ashley Adams, American Heart Association

- The AHA is a great source for CPR, stroke information and heart education. 90% of heart attacks related events occur outside of a hospital setting with many who do not survive - 75% of those occur in the home. CPR education is key since heart disease is the #1 killer in America.

- Kid's Heart Challenge/American Heart Challenge - AHA provides different level of heart health education for student age children. Currently, AHA has partnered with TISD, specially at the Western Hills campus to bring awareness to heart health as early as possible.
4. Windee Skrabanek, THS Head Athletic Trainer
- Student Trainee Experience: This program works to teach accountability and holding your composure while utilizing learned skills to care for student athletes. Between middle and high school, the 30 THS-Athletic Trainer Students work with 1500 student athletes. *(video/picture presentation)
 - David Paige - As an ATS...
 - An injury experience: When a student athlete broke their leg.
 - Core Memory: Is of the kindness of the team.
 - Challenges: Public speaking.
 - Life lesson: Stay calm.
 - Future plans: College / ATS Trainer
 - Kaylynn - As an ATS...
 - An injury experience: When a student athlete broke their nose.
 - Core Memory: Lost "Golden Bowl" (but found)
 - Challenges: Time management
 - Life lesson: Mistakes happen, do better next time.
 - Future plans: College / ATS Trainer
 - Izabella Johnson - As an ATS...
 - An injury experience: When a student athlete dislocated their knee cap.
 - Core Memory: Travel with the team members.
 - Challenges: The technique of ankle taping.
 - Life lesson: Accountability - Own your mistakes.
 - Future plans: College / Medical field

The meeting was adjourned at 12:45 pm.

Minutes respectfully submitted by:
Tina Hayward, Health Services Secretary

School Health Advisory Council (SHAC)
TISD Administration Building

February 4, 2026
11:45 to 12:45

1. Welcome
 - Eric Haugeberg, Asst. Superintendent for Student Services
 - Welcome
2. TISD Nutrition Updates
3. TISD Counselors Updates
4. Future Items and/or Information request
5. Adjournment

**Temple Independent School District
School Health Advisory Council
February 4, 2026**

Minutes

Members in attendance:

Sheryl Austin	Theresa Dodd	Janell Frazier
Jennifer Gregg	Eric Haugeberg	Tina Hayward
Ike Hernandez	Gil Hollie	Izabella Johnson
Mabry Kullander	Mike Lefner	Kaytlynn Marek
Stephanie Morris	David Paige	Susan Phelps
Gina Prentiss	Nestor Ramos	Barry Sharp
Windee Skrabanek	Barry Sharp	Ian Vestal
Sara Watson		

The meeting was called to order at 11:55 am by Eric Haugeberg.

1. Welcome
Eric Haugeberg, Asst. Superintendent for Student Services
2. Ian Vestal, Director of School Nutrition and Mabry Kullander, District Nutritionist Reintroduced TISD School Nutrition Department and program sources.

Funding:

- Temple ISD School Nutrition is funded by Texas Department of Agriculture (TDA)
- TDA is funded by United States Dept. of Ag (USDA)
- USDA sets nutritional regulations and guidelines.
- TDA sets more restrictive state guidelines.
- Guidelines change every year.

State Programs:

- National School Lunch Program (NSLP)
- School Breakfast Program (SBP)
- Child and Adult Care Food Program (CACFP)
- Seamless Summer Option (SSO)
- Summer Food Service Program (SFSP)

Community Eligibility Provision:

The Community Eligibility Provision (CEP) is a USDA Food and Nutrition Service non-pricing meal service option for high-poverty schools, allowing them to provide breakfast and lunch at no cost to all students without household applications. It reduces administrative burdens, eliminates stigma, and increases participation in school meal programs. Eligible schools are reimbursed based on the percentage of students directly certified for free meals.

Operations:

- Manage all groceries procured.
- \$2,500,000.00 in groceries
- Manage 100 staff.
- Manage 13 kitchens, 1 warehouse.
- Administration of all federal paperwork

Meals Served:

We serve over 9000 meals per school day.

Last year:

- We served over 1,500,000 meals.
- We served 10,000 afterschool meals.
- We served over 30,000 meals over the summer.

3. Allison Medrano, Temple High School Counselor Empathy & Trauma ~ Empathy is a lost art.

- Trauma is an exceptional experience in which powerful and dangerous events overwhelm a person's capacity to cope. These types of events are not chosen when they occur and can be single or repetitive events.
- Empathy is seeing with the eyes of another and listening. Empathy is a shift in perspective! School counseling often offers a realistic view.
- Relationships matter, especially with students. School counselors strive to offer encouragement through trauma and positive affirmations.

The meeting was adjourned at 12:48 pm.

Minutes respectfully submitted by:

Tina Hayward, Health Services Secretary

School Health Advisory Council (SHAC) TISD Administration Building

May 6, 2026
11:45 to 12:45

1. Welcome
 - Eric Haugeberg, Asst. Superintendent for Student Services
 - Welcome
2. Amy Hayes, Director of Wellness & Benefits
 - Wildcats Wellness
3. Kim Glawe, Director of Health Services
 - Year-end Totals
 - School Nurse Day announcement
4. Mabry Kullander, District Nutritionist/Supervisor
 - Elementary School Cookouts throughout the month of May
 - Summer Feeding Program
 - 5 campuses open from June 1- July 31
 - Travis / Garcia / Sampson Howard / Raye-Allen / Scott
 - 1 campus going from June 1- June 26 - Thornton
 - 2 campuses going from June 1- June 18 - Lamar / Bonham
5. Windee Skrabanek, THS Head Athletic Trainer
 - ATS, Year-end Review
6. Future Items and/or Information request
 - 2026/2027 SHAC Meeting Dates
 - September 2, 2026
 - November 4, 2026
 - February 17, 2027
 - April 21, 2027
7. Adjournment

**Temple Independent School District
School Health Advisory Council
May 6, 2026**

Minutes

Members in attendance:

Catrina Chandler	Michael Chandler	Kim Glawe
Eric Haugeberg	Amy Hayes	Tina Hayward
Gil Hollie	Izabella Johnson	Mabry Kullander
Mike Lefner	Kaytlynn Marek	Stephanie Morris
David Paige	Susan Phelps	Nestor Ramos
Renata Rogers	Barry Sharp	Windee Skrabanek
Ian Vestal	Erin Vincent	

The meeting was called to order at 11:55 am by Eric Haugeberg.

1. Welcome
Eric Haugeberg, Asst. Superintendent for Student Services
2. Amy Hayes, Director of Wellness & Benefit
 - Wildcat Wellness is a partnership between Temple ISD and Wellworks for You, providing resources to help achieve personal wellness goals. These resources are available through the Wellness newsletter, device & app connection as well as through the portal login.
 - Offering workplace integration through Communication Campaigns
 - New Hire onboarding
 - All Staff Emails
 - Social Media
 - TISD encourages fitness goals by offering participation challenges, such as “Steps” campaigns.
3. Kim Glawe, Director of Health Services
 - Year End Totals (*see attached information sheet*)
 - Acknowledged TISD Nurses for School Nurse Appreciation – May 6th, 2026

4. Mabry Kullander, District Nutritionist
 - TISD Nutrition Dept. is he hosting Hot Dog & Hamburger Cookout at the elementary schools during the month of May during lunchtime.
 - Summer Feeding Program (*see attached flyer*)
This program provides breakfast and lunch (on-site) Monday-Friday throughout the summer months (see attached flyer) Meals are available to any child (including non-district children) that are 18 years old and younger with no application needed, no sign-up required and at no cost.

5. Windee Skrabanek, THS Head Athletic Trainer
 - Introduced new ATS member, Erin Vincent whose focus will be on the athletes at the middle school level.
 - *The Temple High School Athletic Department was one of just 21 athletic departments or teams from across the state of Texas to be recognized by the Grant Teaff Foundation with a Grant Teaff Beyond the Game Team Award last month. The Grant Teaff Beyond the Game Team Award includes a \$1,000 grant and specifically mentions Temple High School's Athletic Training, Football, and Volleyball programs. The award recognizes the department's community service initiatives and servant leadership.*
 - *Congratulations to our Temple Independent School District Head Athletics Trainer, Windee Skrabanek, for winning the 2026 Perry Weather Athletics Trainer of the Year. She was one of 6,405 nominees!*
**Received a \$2,000 donation to be directed toward a charity or scholarship of our choice, TEF was chosen.*
 - March is National Athletic Month, themed "Care You Can Count On"
 - *Temple ATS participate in Trainer Olympics - placed 6th out of 32 teams.*
 - *Announcement of the Temple Athletics Spring Physicals, being held May 11th, 2026. Participants include, BSW Physicians, BSW Athletic Trainers and Temple ISD Nursing/Health Services staff.*
 - Students, Izabella Johnson, Kaytlynn Marek, David Paige and Nestor Ramos shared experiences of being a part of THS Athletic Trainer Program, such as specific injuries they encountered, challenges, life lessons, special memories and their future plans.

The meeting was adjourned at 12:47 pm.

Minutes respectfully submitted by:
Tina Hayward, Health Services Secretary



This school year, Temple ISD's 16 Registered Nurses, 1 LVN and 1 CNA have provided exceptional care to our students. They have assessed more than 51,000 students that presented to the nursing office with injuries or complaints of illness. Through their expertise and clinical judgment, fewer than 4% of students required dismissal to home, allowing the vast majority to safely return to class and continue learning.

Our nurses have conducted over 6,400 parent calls and conferences, strengthening the connection between school and home while ensuring continuity of care for students. They responded to 21 critical emergencies—including stroke, cardiac arrest, fractures, and head injuries—coordinating rapid 911 transport and life-saving interventions.

In addition to daily care, our nursing team has prioritized prevention and preparedness. They led 7 CPR trainings, equipping more than 100 staff members with life-saving skills, and trained Medical Emergency Response Teams (MERT) on every campus to ensure readiness in times of crisis.

Their commitment to student health is further reflected in comprehensive screening efforts:

- 4,058 hearing screenings, with 172 referrals
- 4,060 vision screenings, with 561 referrals
- 502 scoliosis screenings, with 7 referrals
- All student's immunization records
- All student's health history forms

Our nurses also manage complex and ongoing medical needs across the district. They provide care for 1,115 students requiring routine or as needed medication, administering over 600 daily doses. They support students with specialized health conditions, including:

- 2 students with tracheostomies
- 9 students with feeding tubes
- 236 students with severe allergies requiring EpiPens
- 90 students with seizure disorders
- 71 students with high-acuity medical needs, including cancer, cystic fibrosis, organ transplants, sickle cell disease, and cardiac conditions

Beyond their work on campus, our nurses have contributed more than 8,000 hours of community volunteer service, further demonstrating their commitment to the well-being of others both inside and outside the school setting.

TISD school nurses are highly skilled professionals who bring both clinical excellence and deep compassion to their campuses each day. Much of their work happens behind the scenes, yet their impact is profound—providing comfort, managing crises, and offering steady, quiet support to students, families, and staff. Their dedication and sacrifice cannot be measured.

Please join me in celebrating and wishing our TISD school nurses a Happy School Nurse Day.



Kim Glawe, BSN, RN, NCSN
TISD Director of Health Services



SUMMER FEEDING PROGRAM

ALL kids up to the age of 18 eat FREE. No Application Necessary
For more information please call (254) 215-6523

No Application Needed – No Sign Up Required

Location & Times

LAMAR MIDDLE SCHOOL

2011 North 3rd Street, Temple TX 76501
June 1 – June 18
Breakfast: 8:00-9:00 Lunch: 11:00-12:00

THORNTON ELEMENTARY

2825 Cottonwood Ln., Temple TX 76502
June 1 – June 26
Breakfast: 7:00-8:00 Lunch: 11:30-1:00

TEMPLE PUBLIC LIBRARY

100 W. Adams Ave., Temple TX 76501
June 2 – August 1
Breakfast: 8:30-9:30 Lunch: 12:00-1:00
Closed June 19th and July 3rd

BONHAM MIDDLE SCHOOL

4600 Midway, Temple, TX 76502
June 2 – August 1
Breakfast: 8:00-9:00 Lunch: 11:00-12:00

TEMPLE HIGH SCHOOL GYM

415 N. 31st St, Temple TX 76504
June 1 – July 31
Breakfast: 8:00-9:00 Lunch: 11:00-12:00

TEMPLE COLLEGE, Academics Center

2600 S 1st St., Temple TX 76504
June 1 – July 31
Breakfast: 8:00-9:00 Lunch: 12:00-1:00
Closed June 19th

RALPH WILSON YOUTH CLUB

1515 S. 25th St., Temple, TX 76504
June 1 – July 31
Breakfast: 7:00 – 8:30 Lunch: 11:30 – 1:00
Closed July 3rd

RAYE ALLEN ELEMENTARY

5015 S. 5th St., Temple TX 76502
June 1 – July 31
Breakfast: 8:00 – 9:0 Lunch: 11:00 – 12:00