



Howard Lake-Waverly-Winsted ISD #2687

"Excellence through Education"



NEW COURSE PROPOSAL

- Step 1: Communicate with the Principal about the new course.
- Step 2: Complete this form fully.
- Step 3: Obtain required signatures.
- Step 4: Submit to Counseling Department.
- Step 5: Counseling Department adds items in RED to SYNERGY.

Course Background

Name of proposed course name: Competitive Individual Sports

Date of proposed new course (school year it would begin): 2025-2026

Department submitting proposal: High School Physical Education

Staff member name submitting proposal: Peter Hayes

Is the proposed course replacing an existing course? YES NO

If so, what course is being replaced? making 2 distinct different classes - 1 non-competitive, 1 competitive

Rationale (include reasons why this proposal needs to be considered outside the curriculum cycle):

- Provide equal engagement opportunities based on student body interest and performance. Reduce class size #'s + behavioral issues with large groups

Type of course: Required Elective

Prerequisite(s): HS PE

Course Duration: Semester Full Year

Grade Levels: 9th Grade 10th Grade 11th Grade 12th Grade

MN Academic Standards: 1. Demonstrate competency in a variety of motor skills & movement patterns

Course Description: 4. Exhibit responsible personal and social behavior & respect self and others
5. Recognize value of PA for health, enjoyment, challenge, self-expression, & social interaction

Students will actively engage in a variety of physical activities that will stimulate both body and mind. Students will use skills, concepts, strategies, and tactics that they have learned in prior PE courses to engage in competitive play. Units will foster group & individual competition as well as sportsmanship & teamwork

Scheduling Considerations (# of semesters, alternating years, grade levels allowed, etc.):

1 class each semester per year, 10th 12th grade, class size needs to be capped at 25, but no lower than 12-15.

Estimated Costs

Resources/Textbook (list title, copyright date, publisher, and cost): None - use current equipment

Curriculum Writing Needs (# of hours needed for curriculum mapping and writing essential standards):

None

Staff Development Needs (additional training staff needs to teach the course):

None

Staff Impact (who will teach the course, effect on dept. staffing, effect on other depts. +/-, student/staff ratio, etc.): HS PE instructor, can be scheduled for either staff members

1. 12-25 students - higher end of letter - impact the ratio for non-competitive team sports

Facility Impact (any special consideration for space, equipment, etc.): None - use gymnasium
and facility resources provided

Required Signatures:

Department Chair: Peter A. Henge Date: 11/7/24

Curriculum Director: [Signature] Date: 11/13/24

Principal: [Signature] Date: 11/13/24

After obtaining the required signatures, submit to Counseling Department. Counseling Department will add to Synergy.

Final Approval Signature:

Principal/Superintendent/Board: _____ Date: _____

Additional Notes:

This gives the opportunity to differentiate classes by ability therefore
eliminating gap dissent and those students that take elective PE just
to fulfill an elective and not feel anxious or pressured perform at a competitive
level

Curriculum/Counseling Department Use Only:

Synergy District Course:

Course ID Assignment: _____
Academic Type: _____
Course Subject Area: _____
STAR Assignment: _____
STAR Grade Level: _____
(If not 9-12, mark with the lowest grade offered.)

National Course Classification:

Subject Area: _____
Course Level: _____
Course Code: _____

State Course Classification:

Course Record Type: _____
Subject Area: _____
Course Level: _____
Standard Addressed: _____
AP Indicator: (Remember to fill in - AP Test Group Name)

Civil Rights Data Collection:

CRDC Subject Area: _____
CRDC Course Code: _____
Federal AP Code: _____

College In Schools Courses:

College Prep:
College Approved:
Dual Credit:
Course Level: Dual/Concurrent Enrollment
(Check the Dual/Concurrent Box in State Course)
College Code: _____
College Course Code: _____
College Course Title: _____

College Course Credits: 2 3 4
College Name: _____