

# TIGER TIMES



**8/30/18—Welcome Back Day 9-3pm**

**9/4/17—First day for 6th  
grade & new students**

**9/5 /17—First day for 7th/8th  
Grade**

**School...Monday thru Thursday  
Starts—9:05pm  
Ends— 3.35pm**

**Fridays...  
Starts—10:05am  
Ends - 3:35pm**

**9/18/17 School Pictures**

**9/18-21 Book Fair**

**9/20/17 Open House/BBQ –  
5:30pm**

***The office is open to purchase  
your PE clothes and planner!***

# FALL

**EXCLUSION DAY  
IS COMING FOR  
7th GRADERS**

Remember students must have all their immunizations up-to-date. If your child is going into the 7th grade they are required to have the Tdap.

# **DATES TO REMEMBER**

## **School Hours**

**Mon- Thur 9:05am-3:35pm**

**Friday 10:05am-3:35pm**

- 8/30/18 Welcome Back Day 9:00am-3:00pm**  
**Purchase PE clothes, planner, elective fee, get schedule & locker**
- 9/4/17 First Day of School Only 6<sup>th</sup> graders & new students**
- 9/5/17 All students begin**
- 9/18/17 Book Fair (9/18-9/21/17)**
- 9/18/17 School Pictures**
- 9/20/17 Open House/BBQ 5:30pm-7:00pm**

**First Student Bussing – 541-476-7733**

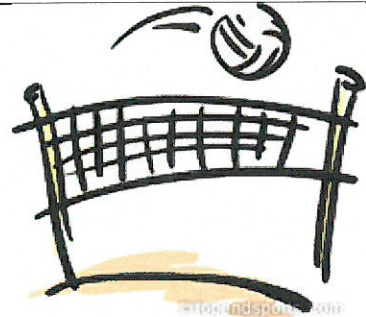


# LSMS FALL SPORTS

## VOLLEYBALL

7th & 8th Grade Volleyball TRYOUTS

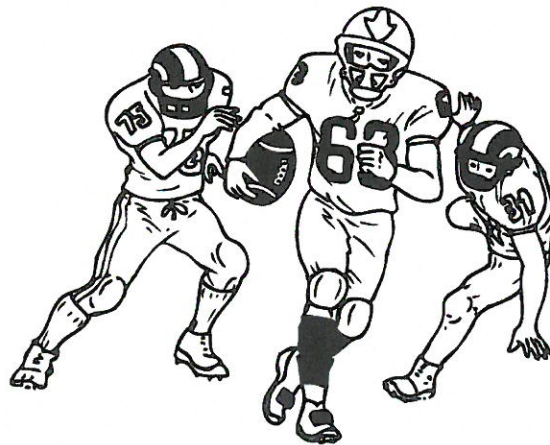
Practice 9/4-9/6 after school; cuts 9/7



## FOOTBALL

7th & 8th Grade Football

Practice after school starting 9/4



## Cross Country

Practice after school starting 9/4 for 6th, 7th and 8th graders. It's not too late to sign-up!

**I**  **RUNNING**  
(when i'm done)

# ParentVue

Help your student by using our ParentVue website. ParentVue lets you see your child's attendance, grades and schedule. If you have not already signed up and would like to, please call the LSMS office at 541-862-2171 or email [kimberly.woolsey@threerivers.k12.or.us](mailto:kimberly.woolsey@threerivers.k12.or.us).

**BOX TOPS<sup>®</sup> FOR EDUCATION** an easy way to **earn cash for your school!**

Look for the pink Box Top coupon on hundreds of participating products. Each is worth 10¢ for your school!

- 1**  **Buy** your favorite Box Tops products.
- 2**  **Cut** out the Box Top from each package.
- 3**  **Send** your Box Tops to school with your child.
- 4**  **Your school gets cash** for every Box Top collected to help buy the things it needs most. All those Box Tops really add up!



Kym Woolsey &lt;kimberly.woolsey@threerivers.k12.or.us&gt;

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## August/September newsletter

1 message

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**Brenda Haberman** <brenda.haberman@threerivers.k12.or.us>  
To: Kimberly Woolsey <kimberly.woolsey@threerivers.k12.or.us>

Sat, Aug 4, 2018 at 5:08 PM

Hi Kym,

Please put the following items in the Newsletter- Thanks! Brenda

**Our Scholastic Book Fair** is September 18-21st at the LSMS Library!

Please visit our Lincoln Savage Book Fair webpage at

<http://www.scholastic.com/bf/lincolnsavagemiddleschool1> for more information.

We'll need **parent volunteers** through the week's activities - please find the sign up!

**Online shopping** is available September 13-26th for your convenience, and books ordered online are shipped directly to our school for pick up!

**Download** the Scholastic app to your iphone or device <http://www.scholastic.com/apps/#/book-fairs> to get additional book details, watch book trailers, and listen to short clips about titles available at the Fair. \* *Not sure if a book is age-appropriate for your child? Simply scan a book cover or barcode (at the Book Fair) to find out.*



**As school begins**, students will begin selecting books for checkout in the library. It may be a week or so before we are completely ready to do so, but feel free to preview what we have available before school begins! Go to: <http://destiny.soesd.k12.or.us/cataloging/servlet/presentadvancedsearchredirectorform.do?l2m=Library%20Search&tm=TopLevelCatalog> to search for titles, authors, and AR book levels. Here is our current Online Library page where you can get current information <https://sites.google.com/a/threerivers.k12.or.us/lincoln-savage-middle-school/library>.

If you have any questions about our school library, please email the library manager at [brenda.haberman@threerivers.k12.or.us](mailto:brenda.haberman@threerivers.k12.or.us).

Happy Reading,

Brenda Haberman, LSMS Library Manager

# Lincoln Savage P.T.O.

(Parent Teacher Organization)

- I would like to be considered as an officer for P.T.O.

## **STAY INFORMED!**

- I would like to be kept informed by receiving minutes from meetings and news of upcoming events via e-mail from the PTO. (Please fill out e-mail address below)

Being involved is a great way to meet other parents, show support for your child as well as the entire school and get to know the wonderful staff at Lincoln Savage. The P.T.O. helps student activities and other school needs.

Your Lincoln Savage P.T.O. needs people to help at various events throughout the school year. You can volunteer as a little or as much as your schedule permits.

**PLEASE TAKE A MOMENT TO FILL OUT AND RETURN THIS QUESTIONNAIRE.**

### **I am interested in helping in the following areas:**

\_\_\_ Christmas Breakfast for teachers

\_\_\_ Dance Chaperone

\_\_\_ Athletics

\_\_\_ Cookie Dough Fundraiser (fall)

\_\_\_ Classified/Teacher Appreciation (spring)

\_\_\_ Book Fair (fall & spring)

\_\_\_ 8<sup>th</sup> Grade Moving On (spring)

I am unable to volunteer but I would like to make a financial contribution in the amount of \$\_\_\_\_\_. (Attach check)

Parent/Guardian Name(s) \_\_\_\_\_

Student Name(s) \_\_\_\_\_ Grade \_\_\_\_\_

\_\_\_\_\_ Grade \_\_\_\_\_

\_\_\_\_\_ Grade \_\_\_\_\_

Telephone Number(s) Home: \_\_\_\_\_ Cell: \_\_\_\_\_

Email Address: \_\_\_\_\_

Thank you in advance for your help and support!!! We couldn't do it without you! Volunteers must sign in at the front office and complete the TRSD online volunteer registration prior to any volunteer participation.

Please contact Amy Navarro, President, for more information at [amynavarro4@yahoo.com](mailto:amynavarro4@yahoo.com).

# Lincoln Savage Middle School

## 2018-2019 SUPPLY LIST

### 6th Grade

Being prepared and organized is a crucial skill in middle school. A sturdy binder is critical. We've found that often the more expensive binders last all year, while less expensive binders need to be replaced frequently. Please consider this as you are purchasing school supplies this summer.

- 3 composition notebooks, 7 ½ x 9 ¾ (for math, social studies, and science)
- 1 - sturdy 3 ring binder (minimum 2" - **sturdy is critical**)
- 2 – 12 pack of pencils (**no mechanical pencils**)
- Pack of colored pencils with 8 or more colors
- Eraser or pencil top erasers
- 2 Handheld-**sturdy**-pencil sharpeners
- 1 Calculator - Texas Instruments TI-30X IIS
- Zippered plastic pouch to carry pencils, pens, etc. (might already be included in binder)
- Scissors
- 5- 2 pocket Pee-Chee folders (different colors would be amazing)
- Highlighter – various colors
- 3 hole, college ruled paper
- Scotch tape
- Earbuds, to leave at school, if possible (school has some as needed)
- Athletic shoes that stay in PE locker (non-marking)

(Give to 1<sup>st</sup> period teacher)

- 1 box of Kleenex
- Glue Sticks (4 at least)

**PLEASE REPLENISH SUPPLIES AS NEEDED DURING THE YEAR!**

### To be purchased from Lincoln Savage Middle School

- Student Planner: \$ 5.00
- PE Clothes: \$17.00
- Elective Fee: \$ 5.00

# Lincoln Savage Middle School

## 2018-2019 SUPPLY LIST

### 7<sup>th</sup> Grade

- Athletic shoes that stay in PE locker (non-marking)
- 3 holed, lined notebook paper, at least 300 sheets (college ruled)
- 3 ring binder (minimum 2 inches)
- 2 composition notebooks (9 3/4" by 7 1/2")
- 2 – 12 pack of pencils
- 2 pens each – black, blue, red
- Pack of colored pencils with 8 or more colors
- Eraser or pencil top erasers
- Ruler
- Handheld pencil sharpener
- 1 Calculator - Texas Instruments TI-30X IIS
- Zippered plastic pouch to carry pencils, pens, etc.
- 3 packages of 3x5 index cards, lined
- Scissors
- 4 glue sticks
- 2 boxes of Kleenex (give to 2nd period teacher)
- 5 Highlighters
- 100 Sheets graphing paper
- 2 pair of personal earbuds for use with chromebook assignments- to be left at school (for language arts and science)

**PLEASE REPLENISH SUPPLIES AS NEEDED DURING THE YEAR!**

### **To be purchased from Lincoln Savage Middle School**

- Student Planner: \$ 5.00
- PE Clothes: \$17.00
- Elective Fee: \$ 5.00



# Lincoln Savage Middle School

## 2018-2019 SUPPLY LIST

### 8<sup>th</sup> Grade

- Athletic shoes that stay in PE locker (non-marking)
- 3 holed, lined notebook paper, at least 300 sheets
- 4 composition notebooks
- 2 – 12 pack of pencils
- 2 pens each – black, blue, red
- Pack of colored pencils with 8 or more colors
- Eraser or pencil top erasers
- Ruler
- Handheld pencil sharpener
- 1 Calculator - Texas Instruments TI-30X IIS
- Zippered plastic pouch to carry pencils, pens, etc.
- Scissors
- 4 glue sticks
- 1 box of Kleenex (give to 1<sup>st</sup> period teacher)
- 1 set of dividers to fit binder
- Highlighter - Yellow
- Either get 4 – 1 inch binders or 1 large binder for all classes

**PLEASE REPLENISH SUPPLIES AS NEEDED DURING THE YEAR!**

### To be purchased from Lincoln Savage Middle School

- Student Planner: \$ 5.00
- PE Clothes: \$17.00
- Elective Fee: \$ 5.00

July 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

August 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2018

Sun	Mon	Tue	Wed	Th	Fri	Sat
				1*	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

GRADING PERIODS

1<sup>st</sup> Quarter – Sept. 4 – Nov. 1 = 42 Days  
 2<sup>nd</sup> Quarter – Nov. 5 – Jan 31 = 48 Days  
 3<sup>rd</sup> Quarter – Feb. 4 – April 11 = 43 Days  
 4<sup>th</sup> Quarter – April 16-June 12 = 41 Days  
 174Days

# Three Rivers School District

## 2018—2019 Student Calendar

AUGUST	
27	Mon. Teachers Report—Staff Development
28-31	Tues.-Fri. Inservice
SEPTEMBER	
3	Mon. Labor Day—Holiday
4	Tues. First Day of Classes
OCTOBER	
12	Fri. Statewide Inservice-No Classes
NOVEMBER	
1	Thurs. End of First Quarter ( 42 days)
2	Fri. Clerical Day– No Classes
12	Mon. Veteran’s Day-No Classes
19	Mon. Prof. Dev./Conf.-No Classes for All Students
20	Tues. Conferences—No School Day for All Students
21	Wed. Closure Day- No Classes for All Students
22	Thur. Thanksgiving Day - No Classes
23	Fri. Vacation Day - No Classes
DECEMBER	
20	Thurs. Last Day of Classes Before Winter Break
21	Fri. Furlough Day
12/24-1/4	Winter Break - No Classes
JANUARY	
1	Tues. New Years Day—No School
7	Mon. Classes Resume
21	Mon. Martin Luther King Day - Non-Contract, No Classes
31	Thurs. End of Second Quarter (48days)
FEBRUARY	
1	Fri. Clerical Day – No Classes
18	Mon. President’s Day Holiday - No Classes
MARCH	
3/25-29	Mon-Fri. Spring Break - No Classes
APRIL	
11	Thur. End of Third Quarter (43 days)
12	Fri. Clerical Day - No Classes
25	Thurs. Prof. Dev./Conf.-No Classes for All Students
26	Fri. Conferences—No School Day for All Students
MAY	
24	Fri. Furlough Day
27	Mon. Memorial Day - No Classes
JUNE	
12	Wed. Last Day of School for Students (41 days)
13	Thurs. Clerical Day-Last Day for Teachers

- Paid Holiday-No Classes
- Vacation Day-No Classes
- Clerical Day-No Classes
- Staff Development Day
- Conference Days
- Inservice Days
- District Closure Days
- Non-Paid Day
- Statewide Inservice Day
- Late Start
- Furlough Days
- Grades K-12 (Fridays)

January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31*		

February 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2019

Su	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11*	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2019

Sun	Mon	Tue	Wed	Th	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2019

Sun	Mon	Tue	Wed	Th	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12*	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						



## Top 5 Bus Safety Tips For Kids

### 1. Stand Back.

Stay 10 giant steps away from the outside of the bus at all times. If you stand too close, the bus driver can't see you.

### 2. Wait for OK to Cross.

Wait until your bus driver gives you the OK sign (or a Safety Dog thumbs up!) before crossing the street.

### 3. Use the Handrail.

Heavy backpacks and wet shoes are no match for the handrail. Hold on tight when getting on and off the bus to keep from tripping or slipping.

### 4. Sit the Right Way.

Once you sit down, keep both feet flat on the floor and your back against the seat.

### 5. Be Still Until the Bus Completely Stops.

It's fun to be first, but it's more important to be patient. Wait for the bus to completely stop before you try to get on board. And always stay in your seat while the bus is moving.



# Middle Years

Working Together for School Success



## Short Stops

### Connect after school

Your middle grader may not feel like talking the minute he gets home from school. Try simply saying, “Hi, I hope your day went well!” and giving him time to relax. Later, you might ask about a class or an assignment, such as what he did in art or how his history presentation went.

### A load off your back

Carrying a heavy backpack can strain muscles and cause shoulder, neck, and back pain. Let your tween weigh herself and then her backpack to make sure it's no more than 10–20 percent of her body weight. Also, she should carry the bag over both shoulders so the weight is evenly distributed.

### Guess my number

This fun family game stretches your child's logical thinking skills. Take turns choosing a number between 1 and 100. Have everyone else ask yes or no questions (“Is it odd?” “Is it more than 60?”) until someone figures out the correct number. Then, that person picks a new range (say, between 475 and 600) and a new secret number.

### Worth quoting

“Never mind what others do; do better than yourself, beat your own record from day to day, and you are a success.” *William J. H. Boetcker*

### Just for fun

**Q:** Who is strong enough to move a castle?

**A:** A chess player!



## A+ organizing strategies

As the school year gets underway, your middle grader will be calmer and more confident if she knows she's on top of things. Strategies like these can help her get organized.

### Create “command centers”

Encourage your tween to keep school-related materials in specific places so she'll always know where they are. She could store homework supplies on a kitchen shelf or in a box on her bedroom desk. Have her choose a spot near the front door for items like her backpack, musical instrument, and gym shoes so they'll be ready to go when she is.



file what she needs and throw away what she doesn't.

### Use “5-minute wonders”

Suggest these habits that take only a few minutes. Before leaving school each day, she can scan her planner to check dates and deadlines for tests, assignments, and forms. That way, she'll know which books and papers to take home. At home, she could quickly leaf through her folders and notebooks, then

### Keep an estimate log

Knowing how long tasks actually take will give your tween an edge when organizing her time. Suggest that she time herself completing different types of schoolwork, such as doing research for a report or reviewing Spanish vocabulary. She could write the times in her planner and refer to them later to help her budget accurately in the future. 👍

## Part of the group

Joining an extracurricular activity gives your child a productive—and fun—way to spend his free time. Try these ideas.

■ **Find a good fit.** Suggest that your middle grader listen to morning announcements or check the school website for a list of activities. He can ask the coach or advisor for more details about ones he's interested in.

■ **Arrange transportation.** Set up a carpool with other parents. Or have him find out whether there's a late bus he can ride and get the schedule.

■ **Show interest.** If he joins a sports team, cheer him on at games or meets. Or if he's in the science club, ask him to tell you about an experiment he enjoyed. 👍



# Homework: Smooth sailing

In middle school, your tween is the captain of the ship when it comes to handling homework. He can sail smoothly with these tips.

**Discuss expectations.** Encourage your child to think about what he expects of himself. He might say he will turn in assignments when they're due and get in the habit of looking over math problems to be sure he didn't



make careless mistakes. Also, let him know what you expect when it comes to homework. Consider writing down your expectations, such as doing his best and turning assignments in when they're due.

**Step back.** Have your middle grader decide when to do homework, whether it's after school or after dinner. When it's time for him to start, be matter-of-fact.

You could say, "Looks like it's time to do homework. Let me know if you need anything." Then, allow him to work independently. This shows him you have confidence in his abilities and encourages him to take responsibility for his own work. 👍

## What is "vaping"?

The good news: Fewer middle schoolers are smoking cigarettes. The bad news: More tweens are vaping, or using electronic cigarettes. Here's what you need to know.

### What it is:

Electronic devices are used to inhale vapor that usually contains nicotine. Vaping appeals to kids because it comes in flavors like cotton candy or bubble gum. The devices are often small and easy to hide—some even look like flash drives and can be plugged into laptops to charge.



**Why it's dangerous:** Nicotine is addictive, and it harms growing brains and lungs. And the verdict is still out on what additional damage the chemicals could cause.

**What you can do:** Don't allow any type of smoking, and let your child know the consequences if she breaks this rule. Also, be on the lookout for signs of vaping, such as giant clouds of vapor or unexplained odors. And search for images of e-cigarettes online so you'll know what they look like. 👍



## Parent to Parent

### Encourage initiative

I mentioned to my neighbor Jeanne what helpful kids she has, since I often see them getting the mail or working in their yard. Jeanne said they do a lot without being asked, so I wanted to know her secret to raising children who take initiative!

Jeanne explained that when her youngest started middle school, she went back to work and had less time to do things around the house. So she taught her kids that rather than waiting for her to change the trash bag or start the dishwasher, they needed to handle those things themselves. Eventually, they got used to taking on bigger roles in the household.

I decided to take a page from Jeanne's book and have my daughter start doing her laundry and packing her snack. After the first few days, I stopped reminding her—and when she didn't have clean clothes or a snack, she learned to remind herself. She may not offer to do the gardening overnight, but at least I'm sending the right message! 👍



## Q & A

### In school every day

**Q** Last year, my son asked to stay home when he was tired or "needed a break." I know he has a lot to do—should I let him stay home occasionally?

**A** One of the best ways to help your child have a successful year is to make sure he attends school every day from start to finish.

Start the year by reading the attendance policy in the school handbook together. That way, you'll both be on the same page about what counts as

an acceptable reason for missing school, such as illness or a family emergency.

Then if he asks for a "day off," explain that learning is his job. To keep up with new material and participate in class, he has to be there. You can let him know that his days off come during winter break and spring break. Regular attendance at school now will create a habit that he'll continue throughout his school years—and one day, on the job. 👍



**OUR PURPOSE**

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated  
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 www.rfeonline.com  
 ISSN 1540-5540

# Middle Years

Working Together for School Success



## Short Stops

### Waiting patiently

Does your child expect everything to happen *now*?

If a friend doesn't call back immediately or his teacher hasn't graded his project yet, encourage him to come up with possible explanations. Maybe his friend is at a movie or the teacher has 100 assignments to grade. Thinking reasonably can help him be patient.

### DID YOU KNOW?

Research shows that most tweens would like to talk more with their parents about schoolwork. Ask your child to share what she's learning in her classes. Be specific: "What kind of math problems did you do today?" or "Tell me about the science experiment you did in lab today."

### Family meals

Eating together gives parents and children a chance to chat about the day's events. It also strengthens family relationships. Whether you have time to cook or are picking up carryout on the way home from work, try to sit around the table and enjoy each other's company while you eat.

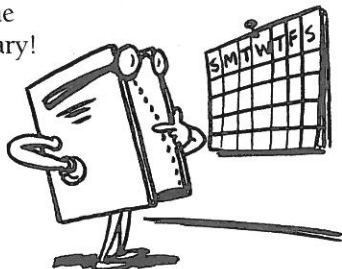
### Worth quoting

"The time is always right to do what is right." *Martin Luther King Jr.*

### Just for fun

**Q:** When does Friday come before Thursday?

**A:** In the dictionary!



## Hints for homework

Amy has her evening planned. She'll do her math homework before dinner, then follow up dessert with English and science. Afterward, she can unwind from a busy day.

Sound impossible? It's not. Help your middle grader make homework go like clockwork with these strategies.

### Think it through

Before your youngster begins, have her make a to-do list. *Example:* Write a poem, read a history chapter, solve 10 math problems.

Then, suggest that she number the tasks, from toughest to easiest, and start with the hard stuff. This "save the easiest for last" strategy will help her finish on a high note, perhaps inspiring her to get in some extra studying.

### Think about time

Ask your child to consider different time slots she can use to get work done. For instance, maybe she could set aside a weekend morning or Sunday night.



Also, some middle graders have time during study period or after lunch to tackle homework. Encourage your child to complete one assignment at school each day. The more she does then, the more time she'll have for fun later.

### Think positive

Help your middle grader see homework as a chance to prove her independence by getting her work done on time and doing it by herself.

Boost her confidence by telling her, "Homework gives you a chance to show all that you know." And give her a thumbs-up when she does just that. 👍

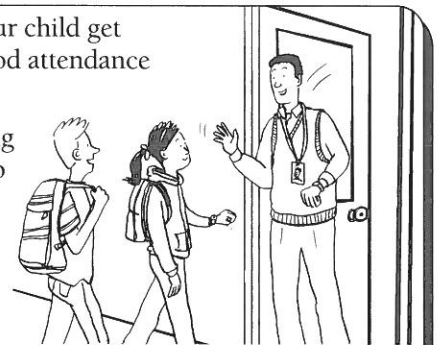
## Be there!

Being in school all day, every day, helps your child get the most out of middle school. Encourage good attendance with these ideas:

- Point out that there is no substitute for being in class. Your youngster needs to be present to hear teachers explain concepts, to participate in group projects and class discussions, and to ask questions.

- Schedule doctor, dentist, and orthodontist appointments for before or after school hours whenever possible. If you can't, try to arrange them for lunchtime.

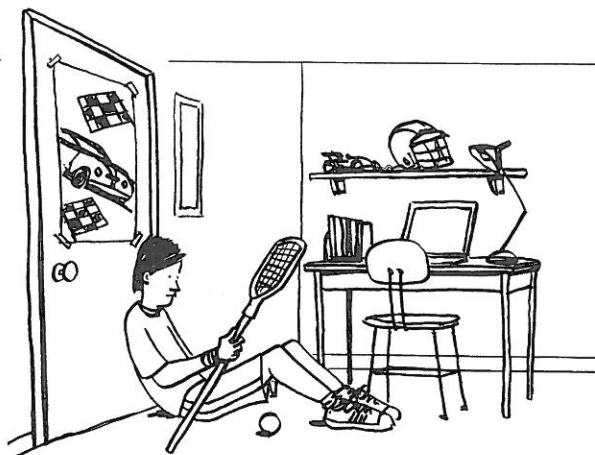
- It will be easier for your child to get up on time for school if he has had at least nine hours of sleep. Set a reasonable bedtime, and make sure he puts away electronic devices so he isn't tempted to stay awake to read messages or play games. 👍



# Emotions in the middle

Moody, private, self-conscious...if this sounds like your tween, you're not alone. At this age, his body and emotions are changing rapidly. Here are ways to help him cope.

**Managing moods.** Physical growth and worries about friends, sports, and schoolwork can cause moodiness. Let your child know you're available to talk. A quiet statement, such as "I remember what it feels like not to be asked to join a team," can invite him to open up about what's bothering him.



**Finding privacy.** It's natural for your middle grader to want some time to himself. He might close his bedroom door or walk outside to take a phone call, for example. Show him that you respect his growing need for privacy by giving him space.

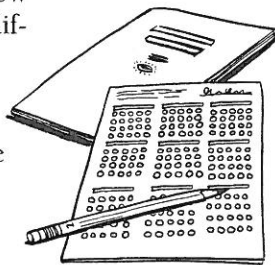
**Fitting in.** Many middle graders feel self-conscious. Being part of a group of people who share his interests can help your youngster focus on his strengths and feel more confident. Encourage him to participate in at least one activity, perhaps basketball, student government, or math club. 👍



## Prepared for standardized tests

Does your middle schooler have state tests coming up? Review these tips before testing begins:

- Knowing how to approach different kinds of questions will help her score higher. For instance, on multiple-choice sections, she could cover up the answers while she reads the question. If the answer she thought of is listed and the other options don't make more sense, she can be pretty confident she's right.



- Have your child find out whether she'll lose points for wrong answers. If not, it's best to guess. Also, if scrap paper is allowed, she can use it to work out problems and to keep her place on the answer sheet. 👍

## Parent to Parent

### More nonfiction reading

My son, Kevin, reads mostly fiction, but his language arts teacher said the class will read lots of nonfiction this year. The reason, she said, is to prepare students for high school, college, and careers, where informational text is important.

The teacher suggested a few ways to help at home. First, she said, we could leave the newspaper out and mention articles about topics that affect him. For instance, I pointed out stories on road construction where he rides his bike and on festivals we might attend.

Also, the teacher said to encourage our son to read nonfiction books about things he's interested in. The next time I went to the library, I brought home books about car racing and a biography of one of Kevin's favorite drivers. I was happy to see him reading one rather than watching TV the other night! He even asked to go to the library to get a book about another driver. And when we were there, he picked up a few books on speed records and breaking the sound barrier. 👍



## Bully-proof your child

**Q** I've heard bullying peaks in middle school. How can I make sure my daughter isn't a target?

**A** There is no way to guarantee a child will never be bullied. But there are things you can do to help.

Since bullies are less likely to pick on someone who has friends, encourage her to get to know other students. Suggest that she join a club, and have her invite classmates over. Not only is there safety in

numbers, but having friends will build her self-esteem, which in turn can discourage bullies from targeting her.

Also, talk to your daughter about bullying. Tell her that if she is bullied or sees someone else being bullied, she should seek help immediately from an adult, whether it's you, a teacher, an administrator, or a coach. Let her know that she's not expected to handle this problem alone. 👍



### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
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www.rfeonline.com  
ISSN 1540-5540