

Marble Falls ISD
School Health Advisory Council (SHAC)
Annual Report
2025-2026

The Texas Education Code 28.004 requires that the Board of Trustees of each school district “establish a local school health advisory council to assist the district in ensuring that local community values are reflected in the district’s health education instruction” and that the local school health advisory council “submit to the board of trustees, at least annually, a written report that includes:

1. Any council recommendations concerning the school district’s health education curriculum and instruction or related matters that the council has not previously submitted to the board;
2. Any suggested modification to a council recommendation previously submitted to the board;
3. A detailed explanation of the council’s activities during the period between the date of the current report and the date of the last prior written report.
4. Any recommendations made by the physical activity and fitness planning subcommittee.”

Marble Falls ISD School Health Advisory Council (SHAC) assists the district in ensuring that local community values are reflected in health education instruction. Additionally, SHAC plays an important role in strengthening the connection between health and learning. SHAC also works to help parents and community stakeholders reinforce the knowledge and skills children need to stay healthy for a lifetime.

By law, SHAC shall meet at least four times each year – the Marble Falls ISD SHAC met four times during the 2025-2026 school year. Meeting agendas were posted at least 72 hours before each meeting. Agendas were posted on a bulletin board in the central administrative office of each campus in the district and on the district’s website. Minutes and audio recordings of each meeting are posted on the district website, which at this time is under construction in preparation for the new year.

The MFISD SHAC met on the following dates:

- October 8, 2025
- November 5, 2025
- April 22, 2026
- June 3, 2026

At the last SHAC meeting of the 2024-2025 school year, SHAC determined the top focus for 2025-2026 should be parent education regarding student cell phone use and social media use. SHAC intended to engage administration in discussions regarding digital citizenship, responsible use of social media, and partner with campuses to conduct parent nights. Again, highest priority item from discussion was education and awareness for parents and students regarding cell phone use & social media (the impact on mental health, social behaviors, anxiety, depression, and apathy). However, in the summer of 2025 House Bill 1481 was passed which prohibited student use of communication devices on school property during the school day. Once this law passed banning cell phones during the instructional day, SHAC paused work in that area and instead took the time throughout the year to monitor and evaluate programming that had been implemented based on past SHAC recommendations. In addition, work throughout the year served as preparation for a larger scope of work to take place in 2026-2027. SHAC ended the year discussing priority areas for 2026-2027, pending any additional legislative requirements that could come forward. Every meeting included a time for public comments.

Summary of 2025-2026 SHAC Meetings

Meeting Date	Summary
October 8, 2025	<ul style="list-style-type: none"> • Introduction of Members • Review Membership • Election of Officers • Goals 2025-2026 • Red Ribbon Week Overview • Subcommittee Discussion • Cell Phone Policy Discussion
November 5, 2025	<ul style="list-style-type: none"> • Election of Officers • Overview of SHAC Requirements • Legislative Updates • District Improvement Plan • Discussion: Recruitment of Members • Homework: Review Bylaws • Homework: Review Wellness Policy • Homework: Subcommittee Choices
April 22, 2026	<ul style="list-style-type: none"> • Our Vision of the Future • SHAC Membership Activity • SHAC Self-Assessment • Future Work Discussion
June 3, 2026	<ul style="list-style-type: none"> • Child Nutrition Update • SHAC Member Feedback & Vision • American Heart Association Debrief • Set July/August Work Date • Future Meeting Dates

Additional important student education dates from the 2025-2026 school year:

- Red Ribbon Week was October 27-31, 2025.
 - All campuses followed the same dress up day themes district-wide.
- Not A Number was presented to the HS Freshman Class the week of September 22-26, 2025
- Not A Number was presented to the HS Senior Class the week of February 23-27, 2026
- Not A Number was presented to Falls seniors the week of February 23-27, 2026
- Play It Safe was presented on the following dates for K-5:
 - Colt Elementary: 9/17 & 9/19
 - Highland Lakes Elementary- 9/8 & 9/9
 - Spicewood Elementary- 9/25 & 9/26
 - Marble Falls Elementary- 9/15 & 9/16
- Play It Safe was presented on the following dates for 6-8th grades at Marble Falls Middle School:
 - 6th- 11/4 & 11/5
 - 7th- 11/12 & 11/13
 - 8th- 11/19 & 11/20
- PK3&4 Play It Safe was presented at our Elementary Campuses- 4/7-4/10, 2026

Additional important parent education dates from the 2025-2026 school year:

- A parent preview night was held on August 27, 2025 at Marble Falls Elementary where Hill Country Children's Advocacy Center presented an overview of Play It Safe.
- A parent preview night was held on October 21, 2025 at Marble Falls Middle School where Hill Country Children's Advocacy Center presented an overview of Play It Safe.

A majority of the members of SHAC must be parents of students enrolled in the District who are not employed by the District. At one point in the 2025-2026 school year, SHAC membership was at 17 people. However, not all 17 people attended every meeting. Currently 11 people will return for the 2026-2027 school year. SHAC has parent and community member openings for the 2026-2027 school year and will publicize in August to fill all positions. Administration will have an application available online by August 1st for those interested in applying to serve on SHAC for the 2026-2027 school year.

In the 2025-2026 school year, the Marble Falls ISD SHAC membership was composed of members from each group below:

- Parents of students in the district
- Community members who live in the district
- Classroom teachers employed by the district
- School counselors
- School administrators
- Health-care professionals
- Business community
- Emergency Responders
- Nonprofit health organizations
- Local domestic violence programs

Subcommittees did not meet separately in the 2025-2026 school year. By consensus it was decided to meet as an entire group for the year and not split to subcommittees. However, subcommittees will be reworked and will launch in the 2026-2027 school year.

SHAC will set goals, review membership, review bylaws, and set subcommittee work for the 2026-2027 school year during a work session that will be held on July 31, 2026 from 11:00am-1:00pm.

Meetings for the 2026-2027 school year are scheduled for:

- September 30, 2026
- October 21, 2026
- November 18, 2026
- January 20, 2027
- March 24, 2027
- May 19, 2027