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### News Release Information

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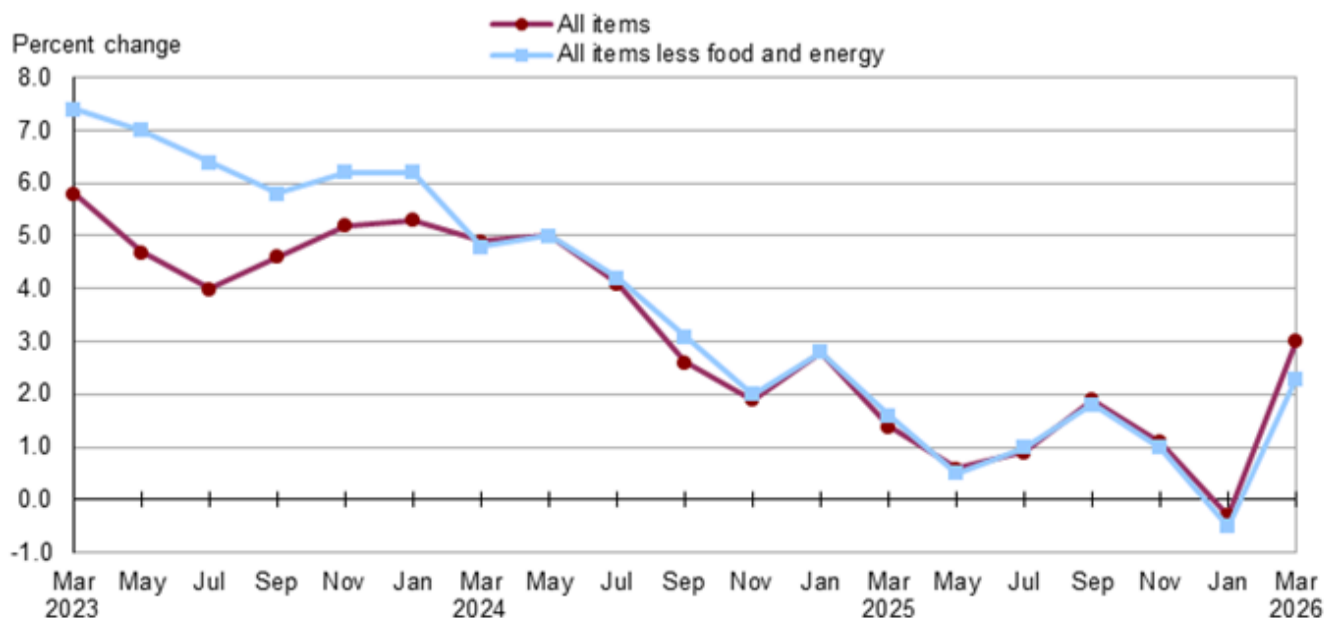
## Consumer Price Index, Dallas-Fort Worth-Arlington area — March 2026

**Area prices were up 2.9 percent in February and March, up 3.0 percent over the year**

The Consumer Price Index for All Urban Consumers (CPI-U) in the Dallas-Fort Worth-Arlington area advanced 2.9 percent for the two months ending in March 2026, the U.S. Bureau of Labor Statistics (BLS) reported today. Acting Regional Commissioner Jerome Watters noted that the all items less food and energy index increased 2.2 percent. The energy index was up 16.3 percent, while the food index rose 0.4 percent over the two-month period. (Data in this report are not seasonally adjusted. Accordingly, bi-monthly changes may reflect seasonal influences.)

The Dallas-Fort Worth-Arlington area all items CPI-U increased 3.0 percent for the 12 months ending in March. The index for all items less food and energy advanced 2.3 percent, and the energy index rose 11.7 percent. The food index was up 2.8 percent over the same period.

**Chart 1. Over-the-year percent change in CPI-U, Dallas-Fort Worth-Arlington, TX, March 2023–March 2026**



Source: U.S. Bureau of Labor Statistics.

[View Chart Data](#)

### Food

Food prices advanced 0.4 percent for the two months ending in March. The index for food at home (grocery store purchases) increased 0.5 percent, and the index for food away from home (restaurant, cafeteria, and vending purchases) rose 0.4 percent for the same period. Within the food at home index, the category for nonalcoholic beverages and beverage materials (+4.2 percent) led the rise, followed by meats, poultry, fish, and eggs (+0.9 percent). The index for other food at home (-0.7 percent) saw the largest decline over the two-month period.

Over the year, food prices advanced 2.8 percent. Prices for food at home rose 3.3 percent, and prices for food away from home advanced 2.2 percent. Four of the six major grocery store food group categories increased over the same period, led by meats, poultry, fish, and eggs (+5.7 percent).

## Energy

The energy index advanced 16.3 percent for the two months ending in March. The index for gasoline increased 37.0 percent over the same period.

From March 2025 to March 2026, energy prices rose 11.7 percent. Prices paid for gasoline were up 19.7 percent over the year.

## All items less food and energy

The index for all items less food and energy advanced 2.2 percent during the two-month period. Among the index's components, prices were higher for apparel (+11.0 percent), medical care services, and lodging away from home. In contrast, prices were lower for other goods and services (-5.3 percent) and used cars and trucks (-1.0 percent).

The index for all items less food and energy rose 2.3 percent over the year. Components contributing to the increase included medical care services, public transportation, and apparel (+3.1 percent). In contrast, prices were lower for shelter (-0.6 percent) and used cars and trucks (-3.8 percent).

**The May 2026 Consumer Price Index for the Dallas-Fort Worth-Arlington area is scheduled to be released on Wednesday, June 10, 2026.**

## Technical Note

The [Consumer Price Index](#) (CPI) is a measure of the average change in prices over time in a fixed market basket of goods and services. The Consumer Price Index for Dallas-Fort Worth is published bi-monthly. The set of components and sub-aggregates published for regional and metropolitan indexes is more limited than at the U.S. city average level; these indexes are byproducts of the national CPI program. Each local index has a much smaller sample size than the national or regional indexes and is, therefore, subject to substantially more sampling and other measurement error. As a result, local-area indexes are more volatile than the national or regional indexes. In addition, local indexes are not adjusted for seasonal influences. **NOTE: Area indexes do not measure differences in the level of prices between cities; they only measure the average change in prices for each area since the base period.**

The **Dallas-Fort Worth-Arlington, TX, Core Based Statistical Area** includes the counties of Collin, Dallas, Denton, Ellis, Hood, Hunt, Johnson, Kaufman, Parker, Rockwall, Somervell, Tarrant, and Wise in Texas.

Refer to the national [CPI news release technical note](#) or the [Handbook of Methods](#) for more information.

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**Table 1. Dallas-Fort Worth-Arlington, TX, CPI-U by expenditure category for March 2026, not seasonally adjusted (1982-84=100 unless otherwise noted)**

Expenditure category	Historical data	Indexes			Percent change from:		
		Jan. 2026	Feb. 2026	Mar. 2026	Mar. 2025	Jan. 2026	Feb. 2026
All items		303.255	-	312.058	3.0	2.9	-
All items (1967=100)		951.294	-	978.908	-	-	-
Food and beverages		343.808	-	345.666	2.7	0.5	-
Food		340.661	-	342.172	2.8	0.4	-
Food at home		278.397	278.367	279.711	3.3	0.5	0.5
Cereals and bakery products		318.678	320.134	318.209	-0.6	-0.1	-0.6
Meats, poultry, fish, and eggs		343.217	350.723	346.255	5.7	0.9	-1.3
Dairy and related products		241.052	241.962	240.869	-0.5	-0.1	-0.5
Fruits and vegetables		226.085	219.394	225.690	4.0	-0.2	2.9
Nonalcoholic beverages and beverage materials(1)		238.063	242.941	248.171	4.4	4.2	2.2
Other food at home		275.012	271.137	273.070	3.1	-0.7	0.7
Food away from home		437.421	-	439.189	2.2	0.4	-
Alcoholic beverages		372.957	-	382.965	1.4	2.7	-
Housing		313.289	-	314.729	0.1	0.5	-
Shelter		349.362	350.583	350.634	-0.6	0.4	0.0
Rent of primary residence		371.794	371.322	371.387	-0.6	-0.1	0.0
Owners' equiv. rent of residences(2)		374.735	374.256	374.734	-0.7	0.0	0.1
Owners' equiv. rent of primary residence(2)		374.735	374.256	374.734	-0.7	0.0	0.1
Household furnishings and operations		145.655	-	146.816	0.0	0.8	-
Apparel		115.303	-	128.043	3.1	11.0	-

(1) Index is on a February 1978=100 base.  
(2) Index is on a December 1982=100 base.  
(3) Indexes on a December 1997=100 base.  
(4) Special index based on a substantially smaller sample.  
(5) Indexes on a December 1993=100 base.

- Data not available.  
NOTE: Index applies to a month as a whole, not to any specific date.

Expenditure category	Indexes				Percent change from:		
	Historical data	Jan. 2026	Feb. 2026	Mar. 2026	Mar. 2025	Jan. 2026	Feb. 2026
Transportation		263.666	-	295.070	9.6	11.9	-
Private transportation		267.285	-	300.853	8.9	12.6	-
New and used motor vehicles(3)		123.866	-	124.337	-1.3	0.4	-
New vehicles(1)		222.858	-	223.088	0.0	0.1	-
Used cars and trucks(1)		412.473	-	408.393	-3.8	-1.0	-
Motor fuel		229.299	240.480	314.319	19.9	37.1	30.7
Gasoline (all types)		227.358	238.432	311.479	19.7	37.0	30.6
Unleaded regular(4)		216.274	227.024	299.257	20.1	38.4	31.8
Unleaded midgrade(4)(5)		253.898	265.915	336.060	18.6	32.4	26.4
Unleaded premium(4)		261.047	272.173	337.290	17.4	29.2	23.9
Medical care		527.541	-	543.264	6.3	3.0	-
Recreation(3)		134.197	-	135.517	-0.3	1.0	-
Education and communication(3)		133.230	-	133.077	0.8	-0.1	-
Tuition, other school fees, and childcare(1)		1,584.555	-	1,585.852	6.2	0.1	-
Other goods and services		557.127	-	527.568	0.4	-5.3	-

(1) Index is on a February 1978=100 base.  
(2) Index is on a December 1982=100 base.  
(3) Indexes on a December 1997=100 base.  
(4) Special index based on a substantially smaller sample.  
(5) Indexes on a December 1993=100 base.

- Data not available.  
NOTE: Index applies to a month as a whole, not to any specific date.

**Table 2. Dallas-Fort Worth-Arlington, TX, CPI-U by special aggregate index for March 2026, not seasonally adjusted (1982-84=100 unless otherwise noted)**

Special aggregate index	Indexes				Percent change from:		
	Historical data	Jan. 2026	Feb. 2026	Mar. 2026	Mar. 2025	Jan. 2026	Feb. 2026
All items		303.255	-	312.058	3.0	2.9	-
Food		340.661	-	342.172	2.8	0.4	-
Energy		287.913	295.975	334.733	11.7	16.3	13.1
All items less food and energy		305.584	-	312.351	2.3	2.2	-
All items less energy		310.175	-	316.242	2.3	2.0	-
All items less medical care		292.115	-	300.574	2.7	2.9	-
All items less shelter		281.812	-	293.799	5.0	4.3	-
Commodities		204.796	-	212.608	2.4	3.8	-
Commodities less food		155.111	-	163.964	1.9	5.7	-
Commodities less food & beverages		149.797	-	158.465	1.9	5.8	-
Durables		119.437	-	119.331	-2.1	-0.1	-
Nondurables		256.140	-	270.920	4.6	5.8	-
Nondurables less food		194.681	-	218.086	6.5	12.0	-
Nondurables less food & beverages		186.462	-	209.856	6.7	12.5	-
Services		398.513	-	407.865	3.3	2.3	-
Services less rent of shelter(1)		463.140	-	485.400	8.3	4.8	-
Services less medical care services		380.813	-	389.151	2.7	2.2	-

(1) Indexes on a December 1982=100 base.

- Data not available.  
NOTE: Index applies to a month as a whole, not to any specific date.

**Last Modified Date:** Friday, April 10, 2026

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