



Howard Lake-Waverly-Winsted
Independent School District #2687
2022 - 2023 Music/Physical Education Curriculum
Review Report

Committee Members:

Billie Estrem, Aaron Duske, Peter Hayes, Andy Hertwig, Dawn Kalvig, Melaine Lawrence, Jana LeClarie, Travis Polster, Hannah Porter-Gilman, Kristine Schuldt, and Alexandra Thrasher

Music Mission Statement

The mission of the HLWW K-12 Music Department is to provide for the personal, aesthetic, and musical development of the student through Classroom Study, Vocal Performance, and Instrumental Performance. We work to maintain a positive teaching, learning, and artistic environment that attracts and retains a high quality and diverse student body of lifelong musicians.

Elementary School Music Goals:

The goals of the Elementary Music Department, driven by MN State Standards, are to:

- Generate and develop original artistic ideas.
- Develop and refine artistic techniques when preparing and performing a varied repertoire.
- Make artistic choices in order to convey meaning through performance.
- Analyze and construct interpretations of artistic work.
- Integrate knowledge and personal experience while responding to, creating, and presenting artistic work.
- Demonstrate an understanding that artistic works influence and are influenced by personal, societal, cultural, and historical contexts, including the contributions of Minnesota American Indian tribes and communities.
- Integrate current technology to support and enhance the musical experience.

Middle School Music Goals:

The goals of the Middle School Music Department, driven by MN State Standards, are to:

- Generate and develop original artistic ideas.
- Develop and refine artistic techniques for work for performance.
- Make artistic choices in order to convey meaning through performance.
- Analyze and construct interpretations of artistic work.
- Integrate knowledge and personal experience while responding to, creating, and presenting artistic work.
- Demonstrate an understanding that artistic works influence and are influenced by personal, societal, cultural, and historical contexts, including the contributions of Minnesota American Indian tribes and communities.

High School Music Goals:

The goals of the High School Music Department, driven by MN State Standards, are to:

- Generate and develop original artistic ideas.
- Develop and refine artistic techniques for work for performance.

- Make artistic choices in order to convey meaning through performance.
- Analyze and construct interpretations of artistic work.
- Integrate knowledge and personal experience while responding to, creating, and presenting artistic work.
- Demonstrate an understanding that artistic works influence and are influenced by personal, societal, cultural, and historical contexts, including the contributions of Minnesota American Indian tribes and communities.

Music Department Strengths and Weaknesses:

K-4 (Dawn Kalvig; Humphrey and Jana LeClaire; Winsted)

Strengths:

- Staffing and scheduling are appropriate for the way we currently operate.
- Specialists have flexibility to split our Music/PE time to suit student needs.
- Student contact time in the specialist areas (100-125 minutes per week) is appropriate.
- Our administration trusts the Music Specialists to be experts in our field. We have the autonomy to structure and deliver our curriculum in such a way that our State and National Standards are met using a variety of methods and resources that capitalize on our creativity and strengths as individuals.
- We currently have and use classroom sets of un-pitched classroom percussion instruments.
- We currently have and use classroom sets of Orff instruments (xylophones, metallophones, glockenspiels, bells) but some are more than 50 years old and need to be replaced.
- We experience a continued expectation and culture of excellence both in the music classroom and in student performance.
- We experience strong support within our school buildings (from other staff) and from our communities.
- We have an Elementary Specialist (Music/PE) PLC Group that allows for time to discuss curriculum, student needs, and other relevant issues that are unique to our content areas.

Weaknesses:

- Humphrey Elementary - class-and-a-half groupings increase student to teacher ratio, result in a shortage of instruments and equipment, and create a lack of flexibility in schedule changes when necessary.
- Winsted Elementary - the new music room space is wonderful, but there is a lack of needed storage for classroom instruments or other curricular materials.
- Face to face communication between Music Teachers currently has to happen outside of building hours due to distance and scheduling.

Music Department Action Plan and Future Needs:

K-4 (Dawn Kalvig; Humphrey, Jana LeClaire; Winsted)

Action Plan: Overall, the Elementary Music Department is satisfied with our current programming. We would like to, at the very least, maintain what we are currently offering. It would be wonderful to build our programs to include more learning opportunities via African Drumming, Ukulele, World Music, and other highly engaging ventures.

Future Needs: *Numbered by priority and categorized
Must Haves:

1. Quaver Music online K-4 curriculum Subscription Renewal (8 year subscription quote @ \$12,000 per elementary building = \$24,000 for HES & WES)

*Quaver Music is a comprehensive general music curriculum that is appropriate for grades K-4 and structured upon Bloom's Taxonomy to ensure a strong grasp of musical concepts. It is aligned to the National Association for Music Education Learning Standards, which have been adopted by the State of MN. It is also a digitally based program that students have the ability to access while away from school. Learning is always accessible, and the information is constantly updated. Even though the curriculum is digitally based, all materials are printable for those times that the internet might be unavailable. The Quaver Music curriculum is highly engaging for students. Customer care is fully included to support music educators if questions and/or concerns arise.

2. Music Play (\$175/year) (\$2,960 total for 8 years)- multiple years
[About Musicplay Online](#)

*Currently funded via Activity Dollars or Building Budgets

*Subscription prices are going to go up to \$ per year, so to "grandfather in" as many years as we can will save some money

Would be nice items: *Some prices could be lower if bundled sets are purchased

- 3. Mallet pack, 2 classroom sets of 18 each (\$325 each set)**
- 4. 2 Music stands (\$80 each) = \$160**
- 5. Orff Set x2 (\$10,000 each)** *Some of our Orff instruments are 50+ years old
- 6. Orff hand drums set x2 (\$250 each)**

“Pie in the Sky” items: *Some prices could be lower if bundled sets are purchased

- 7. African Drums, 2 sets of 3 drums (\$922.85 each set, free standard shipping from West Music)**
- 8. Ukuleles, 2 classroom sets of 30 each (\$2,500 each set)**
- 9. Budget/Supplies for elementary programs - purchasing shows, busing, set decor, costuming, etc. - currently funded via HEAF/WEAF , donations, and out of pocket**

5-8 (Hannah Porter-Gilman; 5/6 Band, 6 Choir, 5 Gen Music, Kristine Schuldt; 7/8 Band, and Alexandra Thrasher; 7/8 Choir)

Strengths:

Band:

- Our band space is a good size to hold our ensembles and space for all of our instruments in use. The schedule allows for music lessons for middle school students, in addition to smaller ensembles.

Choir:

- The facilities are nice. The schedule allows for some lesson time for select middle schoolers when needed for honor choirs/other outside choir events. Because students have access to chromebooks we are able to use great online resources as well.

General Music:

- We have great use for technology in general music and are able to have students create compositions using Chromebooks, along with strengthening music appreciation and theory skills through technology.

Weaknesses:

Band:

- We have no instrument storage room with the ability to keep all others out of the room. At the moment it is backstage (which is fine) but there are still several groups that have access to the stage and there is a concern there. The current

storage lockers are also not well suited to proper instrument storage. It allows for people to move things and also shifting has made instruments fall off the shelves.

- Our music library is also in 4 different areas and it would be appreciated if there was one location that fit everything.
- The band room has been decibel tested only once in the past 10 years. This has been damaging to past and present directors' hearing.

Choir:

- Understaffed with choir/general music needs. A separate 5-8 choir/general music position would allow for the choir position to have fewer students on their load (multiple sections) in addition to additional electives (general music) in the schedule.
- Overwhelming class sizes. Last year there were 60 8th grade students which included multiple students with special needs. Adding a choir/general music teacher to the program could allow for an adaptive music section or even a Unified Choir/Ensemble.
- We have not had enough money in the budget to pay for students to utilize Sight Reading Factory at a one on one level. Sight Reading Factory is an online tool that assists in students' music reading abilities. We currently use it at the high school level but do not have enough money in the budget to provide this for middle school students.
- Our pianos are sometimes unreliable- particularly the upright pianos in practice rooms.

General Music:

- Location for classes has been an issue. The band room can work for instruments but is also distracting for non-band kids (playing with stands, messing with percussion, etc.).
- There are not enough instruments for a classroom set (guitars, keyboards, bucket drums, etc.) which hinders some activities.

Action:

Band:

- Clean out old and broken instruments from backstage and utilize Taylor's buy-back program. We would be able to get credit towards something new that may not be on our curriculum list.
- Backstage would be available for choral robes storage and additional storage for general music if needed without impeding drama's use of the stage.

Choir:

- Purchasing Sight Reading Factory for each student would assist greatly in improving their reading abilities. This would cost \$2/student and \$35 for the teacher subscription.

- Purchasing at least 1 electric piano (ideally 2) for practice rooms would allow us to free up space in the practice rooms as well as eliminate tuning for those pianos.

General Music:

- Replace old and broken equipment (Taylor's buy-back program?) including broken and obsolete keyboards/guitars in band room.
- Have a set classroom location for general music.

Future Needs:

Band:

- Replacement of old and broken instruments (Taylor's buy-back program?). New high school band lockers (more like the middle school band lockers).
- Replacement of broken music stands. New screws for chair backs.
- More regular decibel testing and updated sound panels.
- More sound panels in the large practice room.
- Reorganize music library to not be in 4 locations.

Choir:

- Electric Piano(s) \$1,500/each. We will still have costs of tuning current pianos but would not have as much upkeep on an electric piano.
- Sight Reading Factory Subscriptions for each student (\$2/student)

General Music:

- Consider a classroom set of electronic keyboards or guitars for a lab class to further utilize learning.
- Utilize storage space on stage for this after cleaning out old/broken instruments while still leaving room for choir robes (whenever they are purchased).

9-12 (Kristine Schuldt; Band and Alexandra Thrasher; Choir)

Strengths:

Band:

- Our band space is a good size to hold our ensembles and space for instruments in use.
- We have practice rooms for students to use for smaller ensembles, lessons, sectionals, and practice.

Choir:

- We have the ability to have lessons for students in Honor Choirs, All State Choir, and Solo/Ensemble Contest.
- Our program has continuously been growing and we have been able to add a choir to the high school schedule.
- We have 3 practice rooms that allow for individualized practice and instruction when needed.
- Our space allows for us to host contests.
- Consistently are awarded superior ratings at contests.

- Consistently have students auditioned into All State Choirs, Honor Choirs.
- Students have individual access to Sight Reading Factory which has strengthened them as independent music readers.

Weaknesses:

Band:

- Our instrument storage is inadequate for our needs. Items are moved, missing, or damaged since they are on shelves and not cubbies. Our school instrument storage is backstage and it is in an area that is accessible to many people, which can be a concern.
- Our music library is also in 4 different areas and it would be appreciated if there was one location that fit everything.
- The band room has been decibel tested only once in the past 10 years. This has been damaging to past and present directors' hearing, and could also be damaging to students' hearing.
- The large practice room has heating issues which is a concern for the piano in that room.

Choir:

- We do not have enough storage space for uniforms or music.
- Because of the middle school portion of the position, there is no space in the schedule to add unique music electives that might not be ensemble based (AP Music Theory, Adaptive Music, Unified Music, Guitar class, Ukulele class, Music Composition class etc.)
- (See electric piano/s in the middle school portion)
- Extracurricular choirs (Bella Voce and Mannerchor) are still not “paid” positions. There is a Schedule C portion for choir but this is compensation for concerts, contests, honor choirs, all state choirs, etc.
- We are able to reuse lots of what we have for uniforms every year, but typically need to order between \$2,000-\$3,000 worth of uniforms each year.

Action:

Band:

- Replacement of old and broken instruments (Taylor Music has a buyback program for old instruments and gives credit towards new ones.)
- New high school band lockers. Replacement of broken music stands and new screws for chair backs.
- More regular decibel testing and updated sound panels.
- More sound panels in the large practice room. Heat in the large practice room.

Choir:

- (See electric piano/s in the middle school portion)
- Choir robes- they would last approximately 20 years and would require little maintenance and are more cost effective.

Future Needs:

Band

“Must Have”:

***Bassoon (1-2 instruments depending on brand) (\$6,250 - Taylor Music quote) Fox Renard Bassoon 222**

***Bass Clarinet (1-2 instruments depending on brand) (\$5,001) Kessler Custom 2nd Gen Low C (\$2,499 per instrument, Kessler website)**

Our low reeds are in need of replacing. Our bass clarinet and bassoon sections have been expanding and our instrument condition has been inadequate. To further serve these students, we need to purchase additional instruments.

“Would be nice” items:

***Set of Accent on Achievement Book 1’s (\$8.99 a piece x 14 instruments x 5 each) \$125**

***Set of Accent on Achievement Book 2’s (\$8.99 a piece x 14 instruments x 5 each) \$125**

***Set of Accent on Achievement Book 3’s (\$8.99 a piece x 14 instruments x 5 each) \$125**

***Concert Band Folders (\$1,225)**

***Crotales (\$1,500)**

“Pie in the Sky” items:

***Percussion Workstation (\$2600)**

***18” Hand Cymbals (\$900)**

***Drum Kit Cart (IT)**

***20 Music Stands (\$80/stand)**

***¾ sized tuba (for middle school tuba students)**

Choir

Must Have Items:

***Electric Piano/s (\$1,499)- [Link](#)**

“Would be nice to have” Items:

***SRF subscriptions for middle school choir students (\$2/student)- approximately \$300**

***Choir Robes (\$84.05/each before embroidery)**

Robes (\$52.47/each when 100 are purchased)- [Link](#)

Garment bags (\$15.99/each)- [Link](#)

Stole (\$15.59/each when 100 are purchased)- [Link](#)

Choir: **Choir Robes (\$16,810 for 200)**- We have been using tuxes/dresses for several years now. They are expensive to buy/alter every year. Ultimately we would save a significant amount of money if we invested in robes now and used them for several years. If these are purchased, they should be purchased all at once because it will save a significant amount of money. I recommend purchasing between 200-250 so that all students grades 9-12 in choir can wear them.

Physical Education/Health Mission Statement

To give all students the ability to personalize and understand health and physical education concepts, experiences, and practices to effectively impact individual achievement in areas of wellness and result in promoting healthier lifestyles.

High School Physical Education Goals:

PHYSICAL EDUCATION

- Understand physical exercise concepts, routines, and development to create lifelong movers.
- Become literate in exercise physiology through cognitive understanding and physical practice
- Expose students to multi-versatile opportunities to grow in personal understanding and interest in physical movement
- Create and instill an environment that allows students to display and develop cooperative social skills, teamwork, peer interaction, leadership, sportsmanship, positive attitude, self-esteem, and enjoyment
- Have the opportunity to take courses that meet individual interests and serve as an opportunity to experience new, creative, and innovative ways to remain physically active.
- Gain technological experience that can be applied to structured exercise or recreational activities.
- Develop students who recognize the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

HEALTH

- To serve as a health promotion resource to the student body and community
- Help students acquire functional health knowledge, and strengthen attitudes, beliefs, and practice skills needed to promote and maintain healthy behaviors throughout their lives.
- Provide and integrate community inclusion of professional resources that specialize and educate and inform on important health issues.
- Provide ample, up-to-date information regarding the many facets of wellness in order to promote healthy lifestyles and decision-making.

Middle School Physical Education Goals:

PHYSICAL EDUCATION

- Understand physical exercise concepts, routines, and development to create lifelong movers.
- Become literate in exercise physiology through cognitive understanding and physical practice
- Expose students to multi-versatile opportunities to grow in personal understanding and interest in physical movement

- Create and instill an environment that allows students to display and develop cooperative social skills, teamwork, peer interaction, leadership, sportsmanship, positive attitude, self-esteem, and enjoyment.
- Offer opportunities to be exposed to a wide variety of sports and activities with the hopes students find something they are interested in and will participate for a lifetime.
- Develop students who recognize the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

HEALTH

- To serve as a health promotion resource to the student body and community
- Help students acquire functional health knowledge, and strengthen attitudes, beliefs, and practice skills needed to promote and maintain healthy behaviors throughout their lives.
- Provide and integrate community inclusion of professional resources that specialize and educate and inform on important health issues.
- Provide ample, up-to-date information regarding the many facets of wellness in order to promote healthy lifestyles and decision-making.

Elementary School Physical Education Goals:

(Billie Estrem, Winsted; Travis Polster, Humphrey)

- Provide a fun, safe learning environment that encourages students to do their best.
- Allow students to explore a variety of skills, activities and movements in order to develop interest in physical activity.
- Students will recognize the importance of physical activity in order to sustain a long, healthy lifestyle.
- Students will develop skills that allow them to work collectively in groups/as a team in order to contribute towards a common goal for the rest of their life.

Howard Lake-Waverly-Winsted Schools

Music/PE/Health Department Strengths and Weaknesses

Physical Education

K-4 (Billie Estrem, Winsted; Travis Polster, Humphrey)

Strengths:

- overall, scheduling is appropriate
- facilities/space
- range of equipment

Weaknesses:

- storage (space and organization)
- technology (ability to play videos or powerpoints in the gym, scoreboard)
- shared space with recess or after school activities
- quality of equipment (well used equipment, old)
- safe spaces in Humphrey gym due to equipment storage

Action:

- We would like to incorporate the use of technology in the learning environment to help students learn in a variety of ways such as visually and physically through video demonstrations.
- Through the use of technology, students will be able to track their own progress and provide self-reflecting feedback.
- Improvement of equipment can help enhance the student learning experience in physical education by providing more/quality equipment that would allow students to learn in a variety of ways.
- Updated spaces in the gym will allow students to move freely which would reduce risk of injury and students will be able to learn in a safe environment.

Future Needs: Providing technology resources such as TVs, iPads, speakers and various softwares will help students develop independence by allowing them to learn through different forms of instruction and practice skills on their own. Students that are at different skill levels of each activity/movement/sport all need different forms of equipment that allow them to be successful and feel a sense of accomplishment each day in PE class. If we are able to seclude

storage spaces in the gym and keep them from affecting the students' learning experience will help eliminate injuries/accidents and keep the learning space safe.

Physical Education/Health

5-8

Strengths:

PE:

Space- We are very fortunate to have access to the activity center, wrestling room, weight room, and outdoor fields on a daily basis.

Opportunities- All middle school students get PE 2 to 3 times a week.

Equipment*- As of now, we have quality equipment, and a good number of everything we would need after we get what is needed in our Curriculum Review Cycle.

Comprehensive Units- Units include skill development, skills rubrics, quizzes, and implementation of strategies and tactics.

Health:

Scope and Sequence- Students in 7th and 8th have a very balanced scope and sequence that meets state standards and sets students up for success in middle school and high school.

Opportunities- 7th and 8th grade students get health class 2 times per week for 2 years.

Standards- Curriculum follows Minnesota State and National Standards.

Weaknesses:

PE:

Equipment*- We are fortunate enough to have a good amount of equipment currently, but it is diminishing quickly. With PE high school expanding, and their limited equipment, the middle school equipment has seen wear and tear. Keeping up with the equipment getting used by 300+ students weekly has started to limit our supplies.

Subjective Grading- No way to validate observed participation that would be at a health enhancing level. We would like to use Heart Rate Monitors to have measurable results.

Technology- Are there areas we are missing out on opportunities to expand our teachings with the use of technology.

- Ways to use our projector more (gifts of correct form/standards/challenges). Pointer needed and a screen potentially.
- School appropriate playlists and wireless control capabilities.

Lifelong Pursuits- Lack of opportunities, or money/equipment/gear, to offer additional outdoor pursuits.

Health:

Curriculum- The content within the curriculum is just outdated. Going to use new Teacher Textbooks from GW Comprehensive Health Skills for Middle Schools (this uses state and national standards).

Offerings- Currently 5th and 6th does not have any health offerings.

Action:

Future Needs:

First item would be to keep up with equipment needs as the wear and tear everything takes yearly adds up quickly over 8-10 years. So the items we have selected are items that will traditionally take us over our annual budget but will allow use to continue to have enough and quality equipment for the next 8-10 years.

Secondly we wanted to make sure we had a way to objectively grade student participation. The heart rate monitors will give us concrete data for grades and will show the students if they are participating at a healthy level.

Gopher Order Link...

https://gophersport.com/sharecart/index/run?quote_id=VjlDeWVudWhqOWRha1JMVUFvejBzd09

Heart Rate Monitors & I-Pads: See High School - doing the same at the MS

Future Needs:

9-12

Strengths:

Physical Education: We have multiple resources within our building(s) to use for curriculum implementations and best practice in accordance with the SHAPE America Standards. Physical education has classes beyond the foundational PE 9 class. These elective courses allow students

a chance to choose a PE class that suits their needs/wants as well as interests. Students also have the opportunity to partake in units and activities beyond the typical sport based approach to fulfill their physical movement and activity endeavors.

Health: Students have the opportunity to learn a variety of units related to health/wellness-Foundations, Mental/Emotional; Nutrition/Fitness; Drugs and Alcohol, Human Sexuality; & CPR/AED/First Aid Application. Students are given ample opportunity for different learning experiences that are beyond rote memorization and require movement, physical application, and interactive means to unit content. Digitalized resources and video with technology incorporation has created more intrigue and thought provoking lesson content.

Weaknesses:

Physical Education: Class sizes are not feasible due to limited spacing and equipment. Schedule rotation with choir for PE 9 is creating a nightmare to provide PE to students with class sizes ranging from a minimum of 35 students to close to 50. Not equitable for equipment and space and a safety/potential lawsuit waiting to happen with one staff member controlling one space with this many students. High school equipment is limited. All equipment is relegated to a little storage closet and many additional equipment items need to be shared with MS in order to meet the needs of the class and students. This has led to more wear and tear on equipment and limited access to use as it requires consistent overplanning amongst staff to prevent equipment use simultaneously throughout the year. Same can be said about spacing options- running 2 classes at once that need gym space during poor weather days or seasonally. More data and concrete grading methods versus informal observation scoring could be used as well.

Health: Textbook that was provided, at least since I got here, has a copyright date of 2014. Many outdated concepts or content which has required additional time and effort to create curriculum related to the units updated from conferences and other credible sources of information that are more current. Current class sizes are variable. Some classes have under 15 students and others over 30 therefore not making it ideal for group learning and work as there are either too many or not enough. (Class first semester had only 7 students in it) Hard to have discussion and other interactive groupings with this low number.

Action:

Physical Education: Money allocated for professional development opportunities that provide resources and tools for curriculum growth and implementation within the field. Some form of measurable technology will be needed to generate more concrete data in a participatory class that will validate scoring and grading of students contextually to the class they take. Implementing technology resources for tracking purposes would also benefit fitness classes that can be catered and individualized to student personal performance and growth. Some funding allocation will be necessary for unit equipment to student ratio in class sizes and to prevent shared use among MS and HS which has led to the breakdown and early replacement due to overuse. The same can be

said with general maintenance to equipment use and padlocks for locker rooms to match or student population growth in the building.

Health: Some type of newer content resource is needed to help aid in implementation of curriculum content as well as standards. Community resources that provide interactive means that are real world applicable or relatable to content will be beneficial to bridge the reality of learning to real world application.

Future Needs:

Physical Education: Issues related to equipment to student ratio are of high priority. Meeting the unit content and providing the necessary student exposure and application is imperative as well as keeping the class highly engaged and preventing no movement or sitting out as frequently. Qualitative data and assessment is also important for valid and reliable grading measures in high school PE. Implementation of heart rate monitors as a technological tool would help generate better concrete output and evaluation of activity. The use of an interactive resource for fitness oriented classes would be beneficial for students to input for individualized workout tracking, progression, and program access that can be used in specified classes as well as a tool universally for other staff and athletics.

Prioritized Needs: #1- Interactive content tracking and resources and individualization by program and student- **Cost \$100/month annual billing cycle + \$1 per user access (student): \$1,400**

PRICING

SCHOOL ACCOUNT	STUDENT LICENSE
\$100/MONTH (PAID ANNUALLY)	\$ 1 PER STUDENT/YEAR (NUMBER OF 25 STUDENTS)
What's Included? <ul style="list-style-type: none">Unlimited Staff AccountsAccess to over 25 ProgramsMore than 700 Workouts2,000+ Demo VideosWorkout Builder <i>And...</i> <ul style="list-style-type: none">Dedicated Success Rep90 Day On-Boarding (see next page)10 Hrs/Year of Professional Development	What's Included? <ul style="list-style-type: none">Individual Student AccountsAccess on ANY deviceiOS/Android AppPersonalized WorkoutsAssessment & Data TrackingUnlimited ReportsPersonalized WorkoutsActivity DashboardLeaderboards

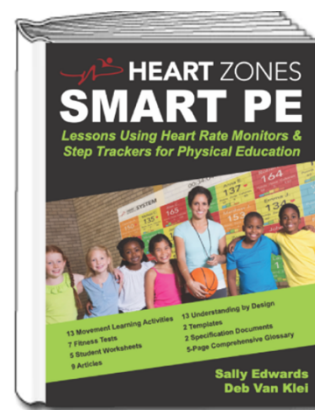
We accept Purchase Orders, Checks and Credit Cards

EXAMPLE PRICE
ABC High School wants to sign up with 200 students.
Their cost would be: $\$1,200 + \$200 = \$1,400/\text{yr}$

HOW DO SCHOOLS PAY

- Textbook Budget
- Curriculum Budget
- Combined PE and Athletic Budgets
- Local and/or State Grants
- Software and Technology Budget
- ESSA and ESSER Funding

The above visual depicts the cost for schools dependent on student population and access to their recurring program fee- this would be a universal tool to implement 5th/6th-12th grade



programming in physical education and elective fitness classes taken in the high school as well as used in after school athletic programs and coaching tools.

Content is derived and structured off of PE standards: [PLAT4M Standards Alignment/Benchmarks](#)

Prioritized Needs: #2- **Heart Rate Monitors**- concrete data and physical evaluation of students in fitness classes units- **Charge station**; **E-book curriculum lessons**- \$40-\$50; **Optional: Hanging Charge Station**: \$56; \$ Quote ideal cost-\$5,259.00 option for potential pay ½ year and ½ following. Potential add of Apple Watch capabilities- app paid for by student/parents \$10.00.
Ipad- \$200-\$400

[Heart Zones \(Homepage\)](#)

Prioritized Needs #3-Case of 120- Gopher S1 Recreational Shuttlecocks (Yellows)- \$199

[-https://gophersport.com/gopher-s1-recreational-shuttlecocks](https://gophersport.com/gopher-s1-recreational-shuttlecocks)

**40 new badminton rackets- \$878

<https://gophersport.com/gopher-g3500-titanium-aluminum-badminton-racquet>

Prioritized Needs #4- Cosom Plastic-Shaft Floor Hockey Sticks 47" (2 Sets)- \$500
<https://gophersport.com/cosom-plastic-floor-hockey-sticks>

Prioritized Needs #5- Discraft Ultra-Star 175g Ultimate Frisbee Sport Disc (6 Pack) - \$56.39
https://www.amazon.com/dp/B01MA0Q3B6/ref=twister_B01M3MTXBJ?_encoding=UTF8&th=1

Prioritized Needs #6- iPads (2) departmental, Apple conversion Dongle switch, casing safety-School Issued through Tech- \$650

Prioritized Needs #7- Wiffleballs- Screamin' Yellow ResisDent Balls (3 sets)-35.85
<https://gophersport.com/screamin-yellow-resident-balls>

Prioritized Needs #8- Pickleballs- 1 bag- 36 ct-Tourna Strike Indoor Pickleballs- \$34.99
https://www.amazon.com/TOURNA-Strike-Indoor-Pickleballs-Green/dp/B07T9NX8WW/ref=sr_1_4?crd=PP9161S7JIZ&keywords=pickleballs%2Btourna&qid=1686073293&prefix=pickleballs%2Btourna%2Caps%2C162&sr=8-4&th=1

Prioritized Needs #9- Bocce Ball Set- TuffRoll SoftStix Bocce Set- 2 Sets -\$420
<https://gophersport.com/tuffroll-softstix-bocce-set>

Prioritized Needs #10- Pinnies- 1 set (12/12)- yellow/orange, 1 set (12/12)- blue/red- Athllete LITEMESH Pinnies Scrimmage Vests Team Practice Jersey for Child Youth Teen & Adult (12 Jerseys) Lightweight Pennys- \$50.99 Per Set-
<https://www.amazon.com/Athllete-LITEMESH-Scrimmage-Practice-Lightweight/dp/B07YNK5G4Y>

Prioritized Needs #11- Archery- Morrell 33" Eternity Target - 2 targets- \$290
<https://www.naspschools.org/product/morrell-33-eternity-target/>

Prioritized Needs #12- Archery- Easton 1820 Aluminum 5 dzn-1 Set- \$186
<https://www.naspschools.org/product/xx75-genesis-5-dzn/>

Prioritized Needs #13- Archery- Floor quiver (qty of 10)- 2 Sets- \$260
<https://www.naspschools.org/product/floor-quiver-qty-of-10/>

Prioritized needs #14- Rainbow DurabiliTee Batting Tee-1 Set- \$259

<https://gophersport.com/rainbow-durabilitee-batting-tee>

Health: Creating a real world application and relatability to the subject and content will create better learning opportunities and experience with health and wellness. Using funding to get some outside community or county resources will help bring more information and applicable health content. This may lead to more outreach and resources for students to seek out independently. An updated textbook would be beneficial to review and use for curriculum adjustments that are succinct with the standards and the evolving information changing about health year to year. Opportunities for professional growth would also be desired through conference attendance to work and learn from other professionals to deliver up to date and innovative content in our curriculum.

Link to High School PE Budget- [HS PE Equipment Inventory 23-24](#)