

Item of Information
District's Local Wellness Policy, under Board Policy FFA (LOCAL).

1. Background:

Beginning in 2004, school districts that participate in the National School Lunch Program and/or School Breakfast Program were required to develop a wellness policy as part of the Child Nutrition Reauthorization Act of 2004. In 2010, the Healthy, Hunger-Free Kids Act (HHFKA) expanded the requirements of the wellness policy to strengthen policies and increase transparency. The responsibility for developing, implementing, and evaluating a wellness policy is placed at the local level, so the unique needs of each school under the district's jurisdiction can be addressed. The wellness policy addresses specific goals for nutrition education and promotion, physical activity, nutrition standards for foods sold and given away to students, policies for food and beverage marketing, and methods for evaluation and updating the public on the policy.

With input from Southwest ISD SHAC members and district staff, an updated wellness policy recommendation was developed. The committee met multiple times to discuss changes, coming up with only two changes to the policy. The two recommended changes are as follows:

2. Process:

Adoption of the district wellness policy, created collaboratively with members of the Southwest ISD SHAC and district staff.

3. Fiscal Impact:

None.

4. Recommendation:

Item of information.

5. Required:

Board action.