

2025-26 Annual Report from the
AHISD
School Health Advisory Council (SHAC)

[BDF\(LEGAL\)](#) requires that the district's School Health Advisory Council SHAC shall submit to the board, at least annually, a written report that includes:

1. Any SHAC recommendation concerning the district's health education curriculum and instruction or related matters that the SHAC has not previously submitted to the board;
2. Any suggested modification to a SHAC recommendation previously submitted to the board;
3. A detailed explanation of the SHAC's activities during the period between the date of the current report and the date of the last prior written report; and
4. Any recommendations made by the physical activity and fitness planning subcommittee.

Our District Education Advisory Council (DEAC) serves as both our district Site-Based Decision Making (SBDM) team and our SHAC. Alamo Heights ISD complies with this SHAC requirement in several ways. First, since a Trustee is appointed to serve on DEAC, every regular board meeting agenda contains a time for committee reports in which that Trustee reports to the Board as a whole the contents of any DEAC/SHAC meeting that would have taken place since the most recent regular board meeting. Secondly, each of the agenda and meeting minutes for our meetings is posted on our website at 2025-26 [DEAC webpage](#). Finally, included in this annual report are the contents of our 2025-26 Wellness Plan, itself required by [FFA\(LOCAL\)](#).

As the agenda and minutes show, the DEAC, serving as the AHISD SHAC, our main area of focus regarding child nutrition involved items required by the state required triennial assessment of our policies and practices related to health and wellness. This included SHAC member review and input on the menus offered at the various campuses, as well as an extensive review of policy and practices outlined by the Texas Department of Agriculture and a needs assessment, conducted and presented to the SHAC by CFO Matt Streger and Director of Child Nutrition, Efrain Trevine, assisted by Dr. Frank Alfaro.