

Athletics

January 2021

Summer

We had a successful summer of conditioning

Despite many challenges the athletes and coaches made it here to get conditioned for the upcoming season

Cross Country

The Cross Country teams were able to compete this year

The high school ran against local NVL schools

The middle school ran several virtual meets and one meet with Shelton

Alex Enjem made the All-Copper Team

Cassidy Ngaoprasesack made All-NVL and CHSCA All-State

Football

The football season made the best of a season after the CIAC decision to cancel traditional football for the fall season

The team worked on conditioning and skills as they prepare for 7v7 activities and future seasons

The team won 7v7 against Seymour and lost to Shelton

The CIAC board of control voted to include an additional season between winter and spring sports. This can be used for a potential short football season. It will still be dependent upon COVID-19 safety considerations.

Cheer

Cheer has been practicing since late summer

They have set an example of positivity and also participated in a community event to thank first-responders during the COVID crisis

Currently they are limited to conditioning

Stunting is not allowed at this time due to it being a high-risk activity

Soccer

Soccer had a successful year with a growing number of athletes

The girls team had over 20 players

Soccer played a 12 game season against local NVL teams and O'Brien Tech

We are happy to have our boys coach, Cris Liovski, back from his military deployment

The boys season was slightly shortened by a team quarantine

Varsity Jackets

This year the athletic department is helping athletes with the ordering process for varsity jackets

This helps with any questions and lets athletes see a jacket before ordering

Winter Season

The DPH has deemed wrestling and competition cheer as high-risk sports and at this time they are not allowed

Basketball and indoor track are considered moderate-risk activities

Currently, the CIAC guidelines allow for conditioning only in groups of four or less athletes per facility

The winter season is currently suspended and has a tentative start of January 19th but this date is still open to review

CIAC will soon release new guidance for winter sports. This would include new dates, safety guidelines, and any change in the disposition of high-risk sports.

Spring Season

The goal of the CIAC is to run a complete Spring season

This goal is a priority since spring sports were not able to play last year

Again, this is subject to safety reviews of the DPH and CIAC