

Minutes of the Mental Health Advisory Committee  
(March 16, 2026) and (5:30pm-7:00pm)  
(HUB at East Lansing High School)

## Opening of Meeting

The meeting was called to order by (Chair) Heather Findley at 5:36 pm.

## Roll Call

Present: Heather Findley, Erin Parcell, Hannah Vore (journalism student MSU), Stephanie Durbin, Jen Scholes, Dalia Fermaglich, Lori Koza, Chris Plunkett, Maya Epple (observing student)

Absent: Autumn S. (resigned), Amy Zaagman, Jason W. (resigned), Brandon L.

## Approval of Agenda

Motion to approve the agenda was made by Stephanie Durbin and seconded by Jen Scholes.

## Approval of Minutes

Motion to approve the minutes was made by Erin Parcel and seconded by Jen Scholes.

## Meeting Topics/Discussion Items

### Old Business

- **Action Item 1:** Review, Approve & Sign Thank You Note the Following Summit Thank You Templates
  - Motion Passed
- **Action Item 2:** [Final Sign Up for Volunteering](#) at Summit 4.29.26 -
  - Heather Findley deferred the Floor to Erin Parcell to talk about the need for Volunteers. Surprised not as many students are volunteering. We need more adult volunteers, and we want to look to other student organizations for additional student volunteers, as NHS appears to be exhausted. If approved, [the Sign Up](#) will be sent to additional organizations.
  - Motion Passed
- **Action Item 3:** Add, Confirm, and Approve Your Name to the [Summit Program](#)
  - Committee members added, confirmed, and approved their names to the [Summit Program](#)
  - Motion Passed

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### **New Business**

- **Action Item 4:** Vote on Last Meeting before April 29, 2026
  - Option 1: Monday, Apr 6, 2026 5:30 pm-7:00 pm
  - Option 2: Monday, Apr 13, 2026 : 5:30 pm-7:00 pm
  - Motion Passed for Apr 13, 2026
  
- **Action Item:** Review Day of Summit Roles
  - Members to review the plan for the event, role for the event
  - Lori is looking into a photographer
  - Fin is checking into a hashtag for the event
  
- At approximately 6 PM, the committee divided into two breakout groups to discuss topics related to the Mental Health and Wellness Summit and committee planning. - came back together at 6:54 pm

### **Agenda Items for Committee Discussion**

#### **Activities / Summit Subcommittee**

- How should the raffle and giveaways be organized for the Summit?
- Participant and Feedback Surveys were drafted by MHAC member Chris P.
  - Action Item: MHAC members voted on the content of the surveys
    - Motion Passed
- Action Item:
  - Content of gift baskets were drafted by MHAC member Chris P by wellness
  - Action Item: MHAC members voted on the content of the surveys
    - Motion Passed

#### **Procedure / Policy / Strategic Plan**

- Review the Parent mySAEBRS Letter.
- Discuss any suggestions, edits, or revisions for consideration.
  - Stephanie reported the letter was reviewed, revised, and forwarded to Fin

#### **Announcements**

- At the meeting on Monday, April 13, 2026, committee members will assemble the gift baskets for the gift bags at the Mental Health and Wellness Summit.

#### **Adjournment**

The meeting adjourned at 7:00 pm.