

LYON COUNTY SCHOOL DISTRICT

*Staff Travel Report  
to  
School Board of Trustees*

Your recent request to travel has been approved. Within two weeks of the date of the conference, the following report is due in the office of the Deputy Superintendent.

Please Download & TYPE the following information.

Staff Member:	<u>Tamara Roseberry</u>	School:	<u>District Office</u>
Conference:	<u>Handle With Care Recertification</u>	Staff Assignment	<u>MTSS Coordinator</u>
Location of Conference:	<u>Seattle, WA</u>	Dates Attended:	<u>May 15, 2026</u>

*General Overview: Do not use acronyms*

Handle With Care is an Instructor Recertification Program to ensure that trainers are correctly versed in the training methods. It is both a verbal and physical program and the recertification establishes that trainers are able to teach the methods as intended by the program and goes over any changes the program has made. I attended this recertification training as part of a core group of Lyon County School District trainers. The methods of instruction include a well-defined lead and co-trainer teaching protocol that maintains an orderly and safe training environment, "verbal counts" and guided movement methods that keep the typically frustrating task of correcting a student's physical technique simple, and a "spotting system" that enables me to teach the physical restraint components safely so that staff can use it safely with students. As trainers, the program is engineered to teach definitive, comfortable, and secure holds to keep both our staff and students safe. The objective is to have staff that is confident and well trained in both verbal de-escalation and physical holding. Proper use of these methods should reduce injuries.

*How will this impact student learning in a positive way?*

As staff are more confident with their ability to de-escalate volatile situations and handle physical intervention, if necessary, students will feel more secure. Well-trained staff will use physical restraints only when necessary and we should see a reduction in injuries as these techniques are used consistently. As staff becomes more advanced in their ability to verbally de-escalate a situation before physical restraint is necessary, students will be able to participate in instruction and we will be able to increase instructional time. As students are more engaged in instructional time, more learning will take place and academic achievement will improve.

*How will I implement what I learned and how will I share this information with my colleagues?*

We are set to train teachers and paras in the special services department and certain drivers and paras in the transportation department in the Handle With Care program. I will work alongside the other trainers to provide Handle With Care training to these specific staff members. We are also hoping to develop an online training for all district staff on verbal de-escalation techniques that will support all students in all classes. I am excited at the opportunity to support Lyon County School District staff in creating and maintaining safe and effective learning environments.

*Other Comments:*

I thank the Lyon County School District school board and the district office for allowing me to participate in this valuable learning experience to increase both my skillset and the skillset of others.

*Rachel Stewart*

Site Principal/Supervisor Approval

*Stacy L Cooper, EdD*

Deputy Superintendent Approval

*5.19.26*

Date

*5/19/26*

Date