CCS Health and Wellness Committee Meeting Minutes submitted by Kathy Faust

4-15-2026, Wednesday, 3:30 pm

Present: Kathy Faust – Coordinator of Food and Nutrition Services, Gina Anderson, Elaine Anderson(student), Lisa Schumacher, Heidi O'Brien, Stenna Johnson online.

I. We read the minutes from the last meeting.

II. We talked about the Wellness Policy, Review coming in 2026-2027, MDE requirements

III. We planned Wellness week, focusing on Earth Day, Wednesday, April 22, 2026. Most of the students will be cleaning up the Community that day or later in the week.

IV. We need an Action plan for the next school year. We plan to get together in August to work on this.

V. Adjourned the meeting at 3:55 pm

VI. Need to work on an Action Plan

VII. Adjournment 4:00 pm